

# Embelin Abrogates Amyloid- $\beta$ -Induced Neurotoxicity and Prevents Cognitive decline in Rats: Possible Role of Hippocampal Neurochemistry

rimpi arora<sup>1</sup> and Rahul Deshmukh<sup>2</sup>

<sup>1</sup>IKGPTU

<sup>2</sup>Maharaja Ranjit Singh Punjab Technical University

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## Abstract

**Background:** Extracellular deposits of amyloid- $\beta$  ( $A\beta$ ) in neuronal synapse have been considered as a major hallmark of Alzheimer's disease. **Purpose:** Here in we have investigated the neuroprotective potential of embelin  $A\beta$ -42 induced neurotoxicity in rats. **Material and Methods:** Amyloid  $\beta$ 1-42 oligomer was infused (3nmol/3 $\mu$ l) intracerebroventrically twice on day-1 to induced Alzheimer's type dementia in rats. Spatial and non-spatial memory was assessed at different time intervals and terminally biochemical, neurochemical and neuroinflammatory parameters were determined in rat hippocampal brain tissue. One week following  $A\beta$ 1-42 infused rats were treated with different doses of embelin (2.5, 5 and 10mg/kg/p.o.) till 21st day. **Results:** Amyloid  $\beta$ 1-42 infusion produced significant deterioration in learning and memory while hippocampal tissue showed elevation in AChE activity, oxidative stress, and pro-inflammatory cytokine levels (TNF- $\alpha$ , IL- $\beta$  etc.) and disturbed pattern of GABA/glutamate levels in  $A\beta$ 1-42 infused rats. On the other side, embelin significantly attenuated  $A\beta$ 1-42 induced cognitive deficit & other biochemical changes in rats. Embelin treated rats showed improved learning and memory was able to reduce the burden of hippocampal oxidative stress and pro-inflammatory cytokines and also restored the GABA/glutamate balance in rats. **Conclusion and Implication:** The pro-cognitive effect of embelin may be due to its antioxidant and anti-inflammatory actions. The observed results indicate the therapeutic potential of embelin in cognitive disorders. **Key words:** Alzheimer's disease; Embelin; Amyloid- $\beta$ ; Neuroprotection; Dementia; Cognitive deficit.

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