Decreased Case Fatality Rate of COVID-19 in the Second Wave: a study in 53 countries.

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Abstract

The raw case fatality rate (CFR, reported number of COVID-19 deaths divided by the number of cases) is a useful indicator to quantify the severity or treatment efficacy in a locality. In many countries, the pandemic showed a two-wave pattern now, namely the daily reported cases once reached a low level and now went up. To our knowledge, no study has compared the CFR for the two waves. In this work, we report that in 53 countries or regions with the highest deaths, the CFR is reduced in 43 countries or regions in the on-going second wave. We discussed the possible reasons. Also, we compare the two-wave pattern of COVID-19 with the weekly influenza positive tests. The influenza activity in pre-pandemic era provided an indicator for climate in a country, since it is well-known that influenza is driven by weather. The sharp drop in 2020 influenza activity is an indicator of the effects of social distancing.

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Abstract: The raw case fatality rate (CFR, reported number of COVID-19 deaths divided by the number of cases) is a useful indicator to quantify the severity or treatment efficacy in a locality. In many countries, the pandemic showed a two-wave pattern now, namely the daily reported cases once reached a low level and now went up. To our knowledge, no study has compared the CFR for the two waves. In this work, we report that in 53 countries or regions with the highest deaths, the CFR is reduced in 43 countries or regions in the on-going second wave. We discussed the possible reasons. Also, we compare the two-wave pattern of COVID-19 with the weekly influenza positive tests. The influenza activity in pre-pandemic era provided an indicator for climate in a country, since it is well-known that influenza is driven by weather. The sharp drop in 2020 influenza activity is an indicator of the effects of social distancing.

Main Text

The ongoing COVID-19 pandemic has caused a serious health threat globally. Many countries have seen a wave pattern of reported cases, namely a second wave followed the first wave. To our knowledge, there is no study to compare the case fatality rate between these two waves.



Figure 1. Time series plots of daily confirmed COVID-19 cases (in black), COVID-19 deaths (in red), and influenza positive cases in 2015-2019 (in light blue) and in 2020 (in dark blue).

We obtained the daily confirmations of COVID-19 cases and deaths for 216 countries or regions, during February 2020 - August 2020, and weekly influenza confirmations during 2015 to current week, from World Health Organization [1,2]. We showed data of four countries (two from Europe and two from Asia which

caught a lot of attention in the early phase of the pandemic) in Figure 1. Research of other 49 countries or regions are listed in the supplementary. The time series (in common log scale on vertical axis) of confirmed cases showed two waves. Based on this observation, we divided the transmission of the disease into two phases: Phase I before June 1 and Phase II after June 1 for confirmed cases; and Phase I before June 10 and Phase II after June 1 for cheaths, we choose the truncated time ten days later to account for the delay between confirmation and deaths [3]. We compared the raw case fatality rate (CFR) of Phase I and Phase II for all countries or regions.

In our supplementary data in the appendix, for each country, we break down the data for Phase I or Phase II. The column "case_pre" is the total of confirmed cases before June 1 and the column "case_post" is the total of confirmed cases after June 1 up to July 26. Accordingly, the column of "death_pre" is the infection death before June 10 and the column "death_post" is the infection death after June 10 up to August 6. We define the raw case fatality rates (CFR) $asr_1 = \frac{death_post}{case_pre}$ $andr_2 = \frac{death_post}{case_post}$. Then the change in CFR is reduction = $\frac{r_1 - r_2}{r_1}$. Based on our analysis, among all 53 hardest-hit countries or regions (supplementary Table 1), 43 of them had an apparent reduction in CFR. Only ten remaining countries or regions had an increase in CFR (negative reduction). The decrease in the CFR might indicate the severity of the global pandemic is becoming better. The potential reason for such decrease is worth further investigation. We propose the following hypotheses that could contribute to the decrease of CFR in the second phase. First, the apparent higher CFR in the first phase could be a harvest effect, namely a large number of elderly and individual with health conditions (the group at risk) likely died in the first phase, especially in these countries with a high infection rate, and this risk group run low in the second phase. If a country or region (such as Hong Kong) was spared from the first phase, of course it is not surprising to see an increase in CFR. Second, the age structure of infected changed due to a variety of reasons, e.g. social movement in many countries might involve more healthier young individuals. Third, the virus might evolve such that young health adults become more susceptible, thus lead to a reduced CFR. Forth, favourable climate might lead to reduced CFR (e.g. warmer weather in north hemisphere and improved air quality due to city lockdown [4-6]). Last but not least, improved timely treatment and enhanced massive testing could reduce the deaths and increase the number of cases, thus a reduced CFR in the second phase.

We show time series plots of eight countries in supplementary figure, where only Iran faces an increase in the raw CFR and a table summarizes results of 53 countries or regions. The weekly influenza laboratory confirmations for the previous five years may be used as a proxy of the weather, since it is well known that influenza seasonality is driven by temperature and humidity. Thus we may wonder whether favourable weather may contribute to a reduce CFR for COVID-19. The sharp drop in influenza cases in 2020 (dark bold curve), compared to previous years, may be due to social distancing and possible interference with COVID-10 infection. Thus it is informative to compare the COVID-19 and influenza in these plots. Individual data or age grouped data are needed to further clarify the phenomenon. The finding is nevertheless of significance to inform public and for policy making.

Declarations

List of abbreviations

COVID-19: coronavirus disease 2019

CFR: case-fatality-rate

Ethics approval and consent to participate

The ethical approval or individual consent was not applicable.

Consent for publication

Not applicable.

Availability of data and materials

All data and materials used in this work were publicly available.

Conflict of interests

DH was supported by an Alibaba (China) Co. Ltd. Collaborative Research project. Other authors declare no competing interests.

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Authors' Contributions

All authors conceived the study, carried out the analysis, and drafted the first manuscript. All authors discussed the results, critically read and revised the manuscript, and gave final approval for publication.

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Supplementary figure



Supplementary Data by Aug. 6, 2020In the following table, for each country, we break down the data for Phase I or Phase II. The column "case_pre" is the data of confirmed cases before June 1 and the column "case_post" is the data of confirmed cases after June 1. Accordingly, the column of "death_pre" is the infection death before June 10 and the column "death_post" is the infection death after June 10. For the

Country or								
region	case_pre	$death_pre$	$case_post$	$death_{post}$	reduction			
The United	254394	40686	44042	5678	0.194			
Kingdom								
United States	1734040	110220	2204054	45830	0.673			
of America								
France	148436	29149	19855	1033	0.735			
Germany	181482	8711	22701	464	0.574			
Netherlands	46257	6016	6147	137	0.829			
Spain	239650	28232	34846	267	0.935			
Italy	232664	33964	12674	1217	0.342			
Iran (Islamic	148950	8351	135084	9451	-0.248			
Republic of)								
Brazil	465166	36455	1762348	59364	0.57			
Sweden	37113	4694	41650	1066	0.798			
Republic of	11468	274	2511	28	0.533			
Korea								
Japan	16851	916	11105	110	0.818			
Switzerland	30789	1676	3124	29	0.829			
Belgium	58751	9628	7117	231	0.802			
Denmark	11633	593	1757	23	0.743			
Czechia	9230	328	5570	60	0.697			
Portugal	32203	1485	17176	255	0.678			
Austria	16638	672	3484	47	0.666			
Philippines	18086	1011	56304	1112	0.647			
China	84570	4645	1930	39	0.632			
United Arab	33896	281	24092	74	0.629			
Emirates								
Israel	17071	295	39373	269	0.605			
Algeria	9267	715	16217	546	0.564			
Dominican	16908	539	40707	683	0.474			
Republic								
Nigeria	9855	361	29093	566	0.469			
Argentina	14702	670	127198	3339	0.424			
Ecuador	38571	3642	39577	2205	0.41			
Canada	89741	7800	22499	1158	0.408			
Pakistan	69496	2172	200904	3863	0.385			
Turkey	163103	4711	60212	1073	0.383			
South Africa	30967	1080	377085	8218	0.375			
Poland	23571	1166	18009	590	0.338			
Hungary	3867	548	531	51	0.322			
Bangladesh	47153	930	168957	2337	0.299			
India	182143	7466	1105802	33233	0.267			
Indonesia	26473	1883	67184	3569	0.253			
Republic of	8098	359	14007	464	0.253			
Moldova								
Ukraine	23672	810	39151	1009	0.247			

data after June, the end time of our data is Aug. 6, 2020. We define two raw case fatality rates $asr_1 = \frac{death_pre}{case_pre}$ and $r_2 = \frac{death_post}{case_post}$. In addition, we calculate the reduction in case fatality rate as reduction = $\frac{r_1 - r_2}{r_1}$ and place the result in the last column. Table 1. The data breakdown for Phase I and Phase II

Country or					
region	$case_pre$	$death_pre$	$case_post$	$death_{post}$	reduction
Romania	19133	1334	22142	1187	0.231
Sudan	4800	372	6502	391	0.224
Mexico	84627	13699	277647	35170	0.217
Iraq	6179	370	96047	4724	0.179
Panama	12531	393	43375	1129	0.17
Bolivia	8731	465	55404	2855	0.032
(Plurinational					
State of)					
Egypt	23449	1271	66964	3660	-0.008
Colombia	26688	1259	191740	10056	-0.112
Chile	94858	2264	243901	7528	-0.293
Ireland	24929	1683	897	80	-0.321
Russian	405843	6142	395006	8464	-0.416
Federation					
Saudi Arabia	83384	746	177010	2274	-0.436
Afghanistan	15094	376	20887	922	-0.772
Peru	148285	5465	218265	14542	-0.808
Belarus	41658	276	25030	301	-0.815