

# Effect of ultraprotective mechanical ventilation on right ventricular function during extracorporeal membrane oxygenation in adults with acute respiratory distress syndrome

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## Abstract

Background: Right ventricular dysfunction (RVD) is frequent in patients suffering from acute respiratory distress syndrome (ARDS). Veno-venous extracorporeal membrane oxygenation (V-V ECMO) may allow the use of ultraprotective mechanical ventilation (MV) in the most severe cases of ARDS. However, the effects of this MV strategy on RV function are not well known. We investigated with echocardiography the prevalence and evolution of RVD in patients supported with V-V ECMO for severe ARDS and ventilated with an ultraprotective ventilation approach. Methods: Eighteen patients who required V-V ECMO for severe ARDS and were assessed with echocardiography before and after cannulation between January 2014 and December 2017 were enrolled in this retrospective observational study. Results: Before cannulation, RV dilatation was present in 6/16 (37%) and 10/17 (59%) patients, according to quantitative and qualitative assessment, respectively, and RVD was reported in 9/14 (64%) patients. After cannulation, tidal volume, plateau pressure, and driving pressure significantly decreased [median (interquartile range) values were 2.0 (0.9-3.6) mL/kg, 20 (20–20) cmH<sub>2</sub>O, and 10 (10–10) cmH<sub>2</sub>O, respectively] and RV size and function were similar as before cannulation. Except for SaO<sub>2</sub> before cannulation, which was significantly lower in non-survivors, no other risk factor for RVD, RV dilatation, or mortality was identified in our population. Conclusions: In patients requiring V-V ECMO for severe ARDS, RVD and dilatation before ECMO cannulation were frequent but not associated with worse clinical outcomes. An ultraprotective MV strategy was not accompanied by a worsening of RV function.

## Manuscript

### INTRODUCTION

Right ventricular dysfunction (RVD) commonly complicates the management of patients with acute respiratory distress syndrome (ARDS).<sup>1</sup> The most severe form of RVD, acute cor pulmonale (ACP), occurs in up to one-quarter of ARDS patients.<sup>2</sup> The pathophysiology of RVD in ARDS is multifactorial, depending on the injury to pulmonary circulation and subsequent pulmonary vascular dysfunction, potential injurious ventilatory settings, and metabolic derangements (such as hypoxemia, hypercapnia, and acidemia).<sup>2</sup> Of note, the use of mechanical ventilation *per se* can promote RVD by inducing extra-alveolar or intra-alveolar vascular collapse as a consequence of alveolar atelectasis or overdistension at the extremes of lung volumes or airway pressures and by decreasing RV preload through the increase in pleural pressure.<sup>2</sup> By potentially causing low cardiac output and systemic venous congestion,<sup>2</sup> RVD may contribute to the development of multiorgan failure in patients with ARDS.<sup>3</sup> Although several authors found RV failure in ARDS to be associated with mortality,<sup>4-6</sup> other groups did not find such an association.<sup>7,8</sup>

Venovenous ECMO (V-V ECMO) is a therapy in patients with ARDS unresponsive to conventional management.<sup>9</sup> Preclinical studies<sup>10,11</sup> and small case series<sup>12-14</sup> suggested that, although not directly affecting cardiac function, V-V ECMO may improve RV function through improvements in gas exchange and

an ability to reduce the need for deleterious ventilatory settings. The best mechanical ventilation (MV) strategy during V-V ECMO has not yet been defined.<sup>15</sup> At our center, an ultraprotective ventilation approach is applied during extracorporeal support to minimize the risk for ventilator-induced lung injury (VILI). However, in the context of the extremely low respiratory system compliance (Crs) that is typical of patients with severe ARDS supported with V-V ECMO, alveolar collapse, increased pulmonary vascular resistance and RVD may occur with these settings,<sup>1</sup> thereby potentially contributing to worse outcomes.<sup>5,6</sup>

We conducted a retrospective observational study to assess the prevalence and evolution of RVD with echocardiography in patients supported with V-V ECMO for severe ARDS and ventilated with an ultraprotective ventilation strategy.

## MATERIALS AND METHODS

### Patients

We included consecutive patients admitted to the medical-surgical intensive care unit (ICU) who were supported with V-V ECMO for severe ARDS and had at least one transthoracic (TTE) or transesophageal (TEE) echocardiography performed within one month before cannulation and during the first week after cannulation. The study period was between January 2014 and December 2017. This study was approved by the Research Ethics Board of the University Health Network and performed in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

Baseline patients' characteristics, ventilatory and hemodynamic variables before and after cannulation, as well as outcome data were collected for all patients from the electronic patient health records. All patients were mechanically ventilated with an ultraprotective MV strategy after ECMO implantation: pressure control of 10 cmH<sub>2</sub>O, positive end-expiratory pressure (PEEP) of 10 cmH<sub>2</sub>O, a fraction of inspired oxygen (FiO<sub>2</sub>) of 30-50% and a respiratory rate of 10 breaths per minute. The static Crs was calculated as the ratio between tidal volume and driving pressure ( $\Delta P$ ), i.e., the difference between plateau pressure (P<sub>plat</sub>) and total PEEP.

The TTE and TEE were ordered by the clinical team for clinical indications. Only the exams with an official report retrievable from the electronic patient health record system were included. Operators who were trained in advanced critical care echocardiography performed all the echocardiographic studies. Images were digitally stored and analyzed by cardiologists in accordance with current American Society of Echocardiography guidelines.<sup>16</sup> RVD was defined as tricuspid annular plane systolic excursion (TAPSE) < 17 mm, pulsed Doppler S' (RV S') wave < 9.5 cm/s, or RV fractional area change (RVFAC) < 35%. RV dilatation was defined as basal diameter > 4.1 cm. Left ventricular (LV) systolic dysfunction was defined as left ventricular ejection fraction (LVEF) < 54% for women and < 52% for men.

### Statistical analysis

Continuous variables were expressed as median and interquartile range (IQR) and were compared using the Wilcoxon matched-pairs signed-rank test. Categorical variables were expressed as number and percentage and were evaluated using the McNemar test. Our primary objective was to assess the variation of the ventilatory, hemodynamic, and echocardiographic variables with V-V ECMO cannulation. In an exploratory analysis, we investigated the association between RVD and RV dilatation with patient characteristics, ventilatory and hemodynamic variables before ECMO cannulation, and clinical outcomes (duration of invasive MV, duration of V-V ECMO, 28-day vasopressor-free days, ICU and hospital length of stay and mortality). Twenty-eight-day vasopressor-free days were calculated as the number of days that patients were both alive and free of vasopressor support during the first 28 days of ICU admission. Finally, the association between measurements of RV function and ECMO blood flow and sweep gas flow and gas exchange variables was tested with Pearson correlation coefficient. Two-tailed p-values < 0.05 were considered significant. All the analysis was performed using STATA 14.1 (StataCorp, College Station, TX).

## RESULTS

We included eighteen patients (Table I). Due to the high number of missing echocardiographic exams and measurements in the echocardiographic reports, many patients were excluded during the study period (Supplemental Digital Content I). Seven (39%) patients were referred from an external hospital. The median (IQR) duration of V-V ECMO support was 8 (6-12) days. Three (17%) patients required re-cannulation for respiratory failure after the first decannulation. A configuration conversion was necessary in two (11%) patients, one from bicaval dual lumen-ECMO to femoro-jugular V-V ECMO, and the other from V-V ECMO to veno-venous-arterial-ECMO (the latter was performed after the final echocardiography). One patient was diagnosed with an internal jugular vein thrombus and pulmonary embolism 4 days after decannulation. Four (22%) patients died in the ICU, all of them during V-V ECMO support. Nine (50%) patients were discharged home, 3 (17%) to another acute care facility, and 2 (11%) to a rehabilitation center.

Hemodynamic, ventilatory and echocardiographic variables are reported in Table II. Missing data in the echocardiographic report were frequent. Before cannulation, median (IQR) tidal volume was 380 (300-410) mL, corresponding to 5.2 (5.0-6.2) mL/kg of predicted body weight (PBW). The median (IQR) values of Pplat,  $\Delta P$ , and Crs were 30 (30-34) cmH<sub>2</sub>O, 18 (18-20) cmH<sub>2</sub>O, and 21 (19-23) mL/cmH<sub>2</sub>O, respectively. The ratio between the arterial partial pressure of oxygen (PaO<sub>2</sub>) and the FiO<sub>2</sub> before cannulation was 80 (62-87) mmHg. Immediately after cannulation, median tidal volume decreased to 150 (58-267) mL ( $p < 0.01$ ), corresponding to 2.0 (0.9-3.6) mL/kg PBW ( $p < 0.01$ ). Pplat and  $\Delta P$  decreased, while Crs did not significantly diminish, and PaO<sub>2</sub> improved to 92 (72-135) mmHg ( $p = 0.02$ ). After cannulation, heart rate and mean arterial pressure were not significantly different, whereas vasopressor support significantly increased. Median (IQR) ECMO blood flow was 4.45 (3.85-4.95) L/min, sweep gas flow 4.0 (3.0-4.0) L/min, and fraction of sweep gas oxygen (FsO<sub>2</sub>) of 100 (100-100) %.

The pre- and post-ECMO echocardiographic exams were performed a median (IQR) of 1 (0-6) days before ECMO cannulation and 4 (1-6) days after cannulation, respectively. The majority of these exams (83%) were TTEs. No hemodynamic or respiratory changes were implemented during the echocardiograms. Before cannulation, RV size was dilated in 6/16 (37%) patients according to RV basal diameter and in 10/17 (59%) patients according to the qualitative assessment of RV size (severe dilatation in 3 patients, moderate in 2 patients, and mild in 5 patients). The median (IQR) values of TAPSE, RV S', and RVFAC were 15 (13-20) mm, 11.0 (9.0-12.0) cm/s and 29 (22-34) %, respectively. According to the measurement of TAPSE, RV S', and RVFAC, RVD was observed in 57%, 36%, and 67% of patients, respectively. According to any measurement of RV systolic function, RVD was reported in 9/14 (64%) patients. The median (IQR) value of estimated right ventricular systolic pressure (RVSP) before cannulation was 58 (43-79) mmHg. Tricuspid regurgitation (TR) was assessed in 16/18 patients: 7 patients were measured with no TR or trace TR, 4 patients with mild TR, 3 patients with mild-moderate TR, 1 patient with moderate-severe TR, and 1 patient with severe TR. The median LVEF was 60 (60-63)%, and no patient had LV dysfunction.

After cannulation, RV dilatation was found in 5/9 (55%) patients according to RV basal diameter and in 6/12 (50%) patients according to the qualitative assessment of RV size (severe dilatation in 2 patients, moderate in 1 patient, and mild in 3 patients). The RV systolic function was not significantly different after ECMO initiation. The median (IQR) values of TAPSE, RV S', RVFAC were 15 (13-18) mm, 12.0 (9.5-13.5) cm/s, and 23 (20-29) %. According to any measurement of RV systolic function, RVD was reported in 6/12 (50%) patients ( $p = 0.08$ ). After cannulation, RVSP significantly decreased. Within-patient differences of RV size and function variables after cannulation are reported in Table III. RV basal diameter increased by mean (percentage) 0.1 cm (3%), TAPSE increased by mean (percentage) 1 mm (10%), RV S' increased by mean (percentage) 1.0 cm/s (17%), RVFAC decreased by mean (percentage) 4% (14%), and RVSP decreased by mean (percentage) 19 mmHg (24%). The cumulative and individual variation of RV size and function variables is depicted in Figure I and II, respectively. According to the measurements of TAPSE, RV S' and RVFAC, 2/7 (29%), 2/3 (67%), and 0/2 (0%) patients improved their RV function after cannulation, respectively. No patients developed new RV dysfunction after cannulation. After ECMO initiation, TR was mild in 4 patients, moderate in 3 patients, moderate-severe in 2 patients, and severe in 1 patient. LVEF was not significantly different after cannulation.

ECMO support during echocardiography was median (IQR) 4.7 (3.6-5.4) L/min of blood flow and 4.0 (2.5-5.0) L/min of sweep gas flow at a  $FsO_2$  of 100%. ECMO blood flow and sweep gas flow did not correlate significantly with parameters of RV function and RV size (Table IV). Sweep gas flow had an inverse correlation with RVSP (Pearson correlation coefficient = -0.68;  $p = 0.03$ ).  $PaO_2$  showed a direct correlation with RVFAC (Pearson correlation coefficient = 0.95;  $p = 0.047$ ). From our exploratory analysis,  $SaO_2$  before cannulation was significantly lower in non-survivors. No other risk factor for RVD, RV dilatation, or mortality was identified in our population (Supplemental Digital Content II).

## DISCUSSION

In our retrospective study of patients requiring V-V ECMO for severe ARDS, RVD and dilatation before ECMO cannulation were very frequent. ECMO cannulation and the use of an ultraprotective MV strategy were not associated with worse RV function and hemodynamic parameters in these patients.

To our knowledge, our study is one of the first to investigate the impact of an ultraprotective ventilation strategy on RV function during ECMO support. The extensive loss of aeration due to alveolar edema and inflammation and the subsequent low lung compliance, which is characteristic of ARDS,<sup>17</sup> resulted in extremely low tidal volumes in our patients. These low volumes did not cause a worsening of hemodynamic and echocardiographic parameters or an increase of the RVSP. In fact, RVSP decreased after the initiation of ECMO. This is an important finding considering that up to 64% of the patients in our cohort had evidence of RVD and 59% had RV dilatation before cannulation. Moreover, ECMO sweep gas flow was inversely correlated to the RVSP. These findings support the hypothesis that extremely low tidal volumes and atelectasis are not deleterious to the RV if oxygenation and acid-base status are kept within physiologic range through ECMO support. Despite the high number of missing data for RVFAC, the correlation between this index of global RV systolic function and  $PaO_2$  may confirm the hypothesis that hypoxemia can have a direct effect on RV function, possibly mediated by the change in pulmonary vascular tone and RV afterload.<sup>1</sup>

The most severe form of RVD, known as ACP, is defined as the association between RV dilatation and septal dyskinesia.<sup>6</sup> Despite the variability related to the differences in their definitions and study population, severe RVD and ACP occur in about one-quarter of ARDS patients, even in the current era of lung protective ventilation.<sup>2</sup> One-third to two-thirds of the patients included in our study showed RVD and up to almost 60% had RV dilatation. Most of the echocardiographic reports did not mention the ratio between RV and LV end-diastolic area or the presence of septal dyskinesia, but qualitative assessments of RV size and measurements of RV longitudinal or global systolic function. Therefore, we could not assess the prevalence of ACP in our population. The association between RV function and mortality has been previously investigated in ARDS patients not supported with V-V ECMO. Although some groups suggested a relation between RV failure and mortality,<sup>4-6,18</sup> other authors reported dissimilar findings.<sup>7,8</sup> Differences in study population and definitions of RV failure can explain this controversy. We did not identify any risk factors for RVD or RV dilatation. Importantly, RVD and RV dilatation were not found to be associated with worse clinical outcomes. Our results are not consistent with the findings of Shah et al., who reported that TAPSE was an independent predictor of mortality in ARDS patients.<sup>18</sup> These patients were not supported with ECMO, which may have been a reason for the discrepancy. Similarly, we did not confirm the independent association of RV dilation with mortality in ARDS patients during V-V ECMO.<sup>19,20</sup> However, we observed an association between lower  $SaO_2$  before cannulation and higher mortality, which may be a sign of more severe disease.

Although not directly affecting cardiac function, V-V ECMO may improve RV function by correcting hypoxemia and allowing the control of deleterious ventilatory settings.<sup>1</sup> The use of extracorporeal carbon dioxide removal (ECCO<sub>2</sub>R) decreased pulmonary hypertension and improved RV function in animals,<sup>10</sup> ARDS patients,<sup>13,21</sup> and patients suffering from an exacerbation of chronic obstructive pulmonary disease.<sup>11</sup> Our study confirmed the potential for V-V ECMO to unload the RV in patients with acute respiratory failure.<sup>11,13,21</sup> However, in patients without alterations of RV function who were weaning from extracorporeal support, V-V ECMO did not alter echocardiographic RV function.<sup>22</sup> Indeed, in another preclinical model, the use of V-V ECMO was associated with mild myocardium injury, which had no effect on cardiac performance.<sup>23</sup> Further studies are needed to clarify the effects of extracorporeal circulation on RV function

and its clinical implications.

It is still unclear whether in patients with ARDS a lung rest strategy, consisting of minimal ventilatory settings to avoid further lung injury related to MV while the lung is healing, is beneficial. This is particularly relevant during ECMO support, when the ventilatory burden can be minimized thanks to the extracorporeal gas exchanges. On the one hand, the effects of severe atelectasis are still debated. In an experimental model, alveolar atelectasis caused vascular leaks and lethal RV failure.<sup>24</sup> In addition, alveolar hypoxia may lead to lung vascular leak<sup>25</sup> and induce lung inflammation.<sup>26</sup> Interestingly, in animals with ARDS supported with V-V ECMO, near-apneic ventilation did not consistently decrease lung injury or early fibroproliferation, when compared to protective and non-protective ventilatory strategy.<sup>27</sup> On the other hand, further preclinical evidence suggests that ventilation strategies aiming at keeping the lungs partially collapsed and avoiding the opening and closing of collapsed alveoli might reduce the risk of VILI (“permissive atelectasis”).<sup>28</sup> Moreover, VILI with high peak pressure and zero PEEP led to ACP, possibly due to pulmonary microvascular injury.<sup>29</sup> In the clinical setting, the limitation of lung stress (i.e., Pplat and  $\Delta P$ ), despite not being yet validated in randomized controlled trials (RCTs), has been suggested as part of an RV protective approach.<sup>30</sup> Additionally, ultraprotective ventilation strategies, which are largely adopted internationally,<sup>31</sup> have proven to counteract VILI in ARDS patients during ECCO<sub>2</sub>R<sup>32,33</sup> and V-V ECMO support.<sup>34</sup> Nonetheless, RCTs are needed to clarify whether the benefits outweigh the risks, as suggested by the SUPERNOVA Trial.<sup>35</sup>

Our findings suggest that a lung rest MV strategy does not lead to further worsening of RV function in ARDS patients during ECMO support. The utilization of moderate levels of PEEP, along with the avoidance of potentially injurious plateau pressure and driving pressure, may have been protective towards the risk of pulmonary vascular dysfunction and RVD. Some clinical studies are ongoing to better investigate this hypothesis (e.g., NCT01990456, NCT03764319). Indeed, the best MV strategy during ECMO support is still not yet defined and wide practice exists worldwide.<sup>15,36</sup>

Although the dosages of vasopressors increased in our population immediately after cannulation, this might have been related to the sedation required for cannulation, rather than being a consequence of the worsening cardiac function. In fact, in a review of the Extracorporeal Life Support Organization Registry, the use of V-V ECMO in patients with ARDS and pre-cannulation hemodynamic support was associated with better survival when compared to veno-arterial ECMO.<sup>37</sup> Additionally, V-V ECMO was shown to reduce the need for vasoactive agents in patients with ARDS and hemodynamic instability on vasopressors or inotropes.<sup>14</sup>

This study has several limitations. First, it was a single-center, retrospective, observational study, with a small sample size. We had to exclude most patients due to missing echoes or echocardiographic parameters. This could have contributed to type II error and limit the accuracy and generalizability of our results. Although by including only patients with echocardiograms performed before and after cannulation we may have reduced the influence of confounding covariates, the high number of missing echocardiographic data requires further studies to confirm our results, which should be considered hypothesis-generating. Second, considering that the echocardiograms were requested for clinical purposes rather than as part of a standardized serial protocol, we cannot exclude selection bias for more severely ill patients and that patients’ variable hemodynamic and respiratory conditions affected our findings. Indeed, the Acute Physiology And Chronic Health Evaluation (APACHE) II and Sequential Organ Failure Assessment (SOFA) scores were significantly higher in the study group than the V-V ECMO patients not included in the study (20 [17-24] vs. 17 [13-21],  $p = 0.01$ , and 11 [7-13] vs. 8 [5-10],  $p = 0.04$ , respectively). Third, despite providing data on respiratory mechanics, we did not specifically address the effect of the ultraprotective mechanical ventilation strategy on lung aeration and derecruitment and VILI. Furthermore, the combined measurement of mixed venous oxygen saturation (SvO<sub>2</sub>) and pulmonary arterial pressures could have been valuable to confirm the effect of V-V ECMO on the hypoxic pulmonary vasoconstriction mechanism.<sup>13</sup> Unfortunately, SvO<sub>2</sub> was only measured in a few patients. Fourth, the parameters of RV function measured have not been validated in cohorts of patients supported by V-V ECMO. Limited data have been published on the echocardiographic assessment of RV function during V-V ECMO support. Even though Ortoleva et al demonstrated that qualitative assessment of RV function was feasible in a cohort of 77 patients, they did not use quantitative parameters.<sup>38</sup> It

has been demonstrated that during venoarterial ECMO support load-dependent parameters of LV function such as LVEF are not reliable indicators of contractility.<sup>39</sup> However, venoarterial ECMO bypasses the heart and therefore has a direct impact on RV preload and LV afterload. In a V-V ECMO circuit, the outflow cannula is proximal to the RV and should therefore not affect loading conditions. Moreover, tissue Doppler systolic velocities such as RV S' have been found to be relatively load independent.<sup>40</sup> In our study, parameters of RV function and size did not correlate significantly with ECMO blood flow and sweep gas flow and only RVSP was inversely correlated with sweep gas flow.

## CONCLUSIONS

In this retrospective study of patients requiring V-V ECMO for severe ARDS, RVD and dilatation assessed with echocardiography were frequent but were not associated with worse clinical outcomes. Our findings suggest that an ultraprotective lung ventilation strategy can be safely implemented in these patients because it was not accompanied by a worsening of RV function. Prospective studies, including serial echocardiographic monitoring of RV function during V-V ECMO support, are needed to assess the effect of lung rest ventilation on RV function. Finally, more data are needed to clarify whether RVD in ARDS patients is a marker of a more severe underlying disease or an independent risk factor for mortality.

<b>Table I Baseline characteristics and clinical outcomes</b>	<b>Table I Baseline characteristics and clinical outcomes</b>
Variables	Median (interquartile range) or number (percentage)
Age (years)	43 (33-51)
Gender (n/% female)	8 (44.4)
BMI (kg/m <sup>2</sup> )	23 (22-26)
Comorbidities (n/%)	
CHF	1 (6)
PAH	2 (11)
CF	3 (17)
ILD	6 (33)
Severity score	
SAPS II	32 (26-37)
APACHE II	20 (17-24)
Hospital LOS before V-V ECMO (days)	3 (0-9)
MV duration before V-V ECMO (days)	1 (0-3)
V-V ECMO configuration (n/%)	
Femoro-jugular	13 (72)
Bicaval dual lumen	5 (28)
V-V ECMO duration (days)	8 (6-12)
Outcome (n/%) <sup>a</sup>	
Major bleeding <sup>b</sup>	5 (28)
Ischemic stroke	1 (6)
VAP	7 (39)
Infection (non-VAP)	8 (44)
Tracheostomy	9 (50)
DVT	3 (17)
PE	1 (6)
SVT	6 (33)
Cardiac arrest	1 (6)
AKI	10 (56)
Delirium	7 (39)
ICU-acquired weakness	5 (28)

**Table I Baseline characteristics and clinical outcomes**

28-day vasopressor-free days <sup>c</sup>
IMV duration
ICU length of stay
ICU mortality
Hospital length of stay
Hospital mortality
Death on V-V ECMO
BMI: body mass index; CHF: congestive heart failure; PAH: pulmonary arterial hypertension; CF: cystic fibrosis; ILD: interstitial lung disease; ARDS: acute respiratory distress syndrome; SAPS: simplified acute physiology score; APACHE: acute physiology, age, chronic health evaluation; LOS: length of stay; V-V ECMO: veno-venous extracorporeal membrane oxygenation; VAP: ventilator-associated pneumonia; DVT: deep vein thrombosis; PE: pulmonary embolism; SVT: supraventricular tachycardia; AKI: acute kidney injury; ICU: intensive care unit; IMV: invasive mechanical ventilation. <sup>a</sup> Patients who died were censored. <sup>b</sup> Major bleeding was defined as fatal bleeding, or symptomatic bleeding in a critical area or organ (intracranial, intraspinal, intraocular, retroperitoneal, intraarticular, pericardial, intramuscular with compartment syndrome), or bleeding causing a fall in hemoglobin level [?] 20 g/L, or leading to transfusion of [?] 2 units of packed red cells. <sup>c</sup> Calculated as the number of days that patients were both alive and free of vasopressor support within 28 days from ICU admission.

**Table I Baseline characteristics and clinical outcomes**

20 (17-25)
18 (9-31)
26 (13-43)
4 (22)
56 (35-97)
4 (22)
4 (22)
BMI: body mass index; CHF: congestive heart failure; PAH: pulmonary arterial hypertension; CF: cystic fibrosis; ILD: interstitial lung disease; ARDS: acute respiratory distress syndrome; SAPS: simplified acute physiology score; APACHE: acute physiology, age, chronic health evaluation; LOS: length of stay; V-V ECMO: veno-venous extracorporeal membrane oxygenation; VAP: ventilator-associated pneumonia; DVT: deep vein thrombosis; PE: pulmonary embolism; SVT: supraventricular tachycardia; AKI: acute kidney injury; ICU: intensive care unit; IMV: invasive mechanical ventilation. <sup>a</sup> Patients who died were censored. <sup>b</sup> Major bleeding was defined as fatal bleeding, or symptomatic bleeding in a critical area or organ (intracranial, intraspinal, intraocular, retroperitoneal, intraarticular, pericardial, intramuscular with compartment syndrome), or bleeding causing a fall in hemoglobin level [?] 20 g/L, or leading to transfusion of [?] 2 units of packed red cells. <sup>c</sup> Calculated as the number of days that patients were both alive and free of vasopressor support within 28 days from ICU admission.

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

Variables  
Ventilatory variables  
Minute ventilation (L/min)

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

Before V-V ECMO cannulation  
10.8 (8.6–11.0)

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

After V-V ECMO cannulation  
1.3 (0.5–2.5)

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

p value  
< 0.01

<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>
Tidal volume (mL)	380 (300–410)	150 (58–267)	< 0.01
Tidal volume (mL/kg PBW)	5.2 (5.0–6.2)	2.0 (0.9–3.6)	< 0.01
Respiratory rate (breaths/min)	30 (25–32)	10 (10–10)	< 0.01
Pplat (cmH <sub>2</sub> O)	30 (30–34)	20 (20–20)	< 0.01
ΔP (cmH <sub>2</sub> O)	18 (18–20)	10 (10–10)	< 0.01
PEEP (cmH <sub>2</sub> O)	10 (8–15)	10 (10–10)	0.45
Crs (mL/cmH <sub>2</sub> O) <sup>a</sup>	21 (19–23)	9 (6–24)	0.08
FiO <sub>2</sub> (%)	100 (80–100)	50 (50–50)	< 0.01
PaO <sub>2</sub> (mmHg)	69 (62–77)	92 (72–135)	0.02
PaO <sub>2</sub> /FiO <sub>2</sub> (mmHg)	80 (62–87)	n.a.	n.a.
SaO <sub>2</sub> (%)	93 (85–95)	96 (94–97)	0.02
PaCO <sub>2</sub> (mmHg)	55 (49–69)	47 (42–50)	0.06
pH	7.35 (7.19–7.44)	7.35 (7.30–7.39)	0.63
<b>Hemodynamic variables</b>			
Heart rate (beats/min)	105 (93–124)	95 (85–105)	0.18
Mean arterial pressure (mmHg)	76 (68–81)	76 (67–81)	0.83
Norepinephrine dose (μg/kg/min)	0.00 (0.00–0.25)	0.14 (0.06–0.31)	0.04
Vasopressin dose (U/h)	0 (0–0)	0 (0–1)	0.03
Lactate (mmol/L)	1.9 (1.6–3.5)	2.2 (1.8–4.3)	0.46
Fluid balance (mL) <sup>b</sup>	+1462 (653–3067)	+838 (-37–2268)	0.55
<b>Echocardiographic variables</b>			
RV basal diameter (cm) <sup>c</sup>	3.9 (3.6–4.4)	4.3 (3.8–4.5)	0.29
RV dilatation (n/%) <sup>c</sup>	6 (37)	5 (55)	0.16
TAPSE (mm) <sup>d</sup>	15 (13–20)	15 (13–18)	0.41
RV S' (cm/s) <sup>e</sup>	11.0 (9.0–12.0)	12.0 (9.5–13.5)	0.61
RVFAC (%) <sup>f</sup>	29 (22–34)	23 (20–29)	0.18
RVD (n/%) <sup>g</sup>	9 (64%)	6 (50%)	0.08
RVSP (mmHg) <sup>h</sup>	58 (43–79)	46 (34–62)	0.02
LVEF (%) <sup>i</sup>	60 (60–63)	60 (48–63)	0.28

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

Data are reported as median (interquartile range) or number (percentage), as appropriate. Wilcoxon matched-pairs signed-rank test and McNemar test were applied, as appropriate; p values < 0.05 were considered significant. V-V ECMO: veno-venous extracorporeal membrane oxygenation; PBW: predicted body weight; Pplat: plateau pressure; ΔP: driving pressure; PEEP: positive end-expiratory pressure; Crs: static respiratory system compliance. PaO<sub>2</sub>: arterial partial pressure of oxygen; FiO<sub>2</sub>: fraction of inspired oxygen; n.a.: not applicable due to difficulty in determining the capillary oxygen content without precise estimations of patient’s cardiac output; SaO<sub>2</sub>: arterial oxygen saturation; PaCO<sub>2</sub>: arterial partial pressure of carbon dioxide; RV: right ventricle; TAPSE: tricuspid annular plane systolic excursion; RVD: RV dysfunction; RV S’: pulsed Doppler S wave of the RV; RVFAC: fractional area change of the RV; RVSP: RV systolic pressure; LVEF: left ventricular ejection fraction. <sup>a</sup>Data

**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

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**Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation**

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<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table II Ventilatory, hemodynamic and echocardiographic data before and after veno-venous extracorporeal membrane oxygenation cannulation</b>
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<b>Table III Right ventricular size and function before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table III Right ventricular size and function before and after veno-venous extracorporeal membrane oxygenation cannulation</b>	<b>Table III Right ventricular size and function before and after veno-venous extracorporeal membrane oxygenation cannulation</b>
Variables	Mean difference	Mean percentage difference
RV basal diameter (cm) <sup>a</sup>	+0.1	+3
TAPSE (mm) <sup>b</sup>	+1	+10
RV S' (cm/s) <sup>c</sup>	+1.0	+17
RVFAC (%) <sup>d</sup>	-4	-14
RVSP (mmHg) <sup>e</sup>	-19	-24%
RV: right ventricle; TAPSE: tricuspid annular plane systolic excursion; RV S': pulsed Doppler S wave of the RV; RVFAC: fractional area change of the RV; RVSP: RV systolic pressure. <sup>a</sup> Data available for 8/18 patients before and after cannulation. <sup>b</sup> Data available for 10/18 patients before and after cannulation. <sup>c</sup> Data available for 7/18 patients before and after cannulation. <sup>d</sup> Data available for 2/18 patients before and after cannulation. <sup>e</sup> Data available for 9/18 patients before and after cannulation.	RV: right ventricle; TAPSE: tricuspid annular plane systolic excursion; RV S': pulsed Doppler S wave of the RV; RVFAC: fractional area change of the RV; RVSP: RV systolic pressure. <sup>a</sup> Data available for 8/18 patients before and after cannulation. <sup>b</sup> Data available for 10/18 patients before and after cannulation. <sup>c</sup> Data available for 7/18 patients before and after cannulation. <sup>d</sup> Data available for 2/18 patients before and after cannulation. <sup>e</sup> Data available for 9/18 patients before and after cannulation.	RV: right ventricle; TAPSE: tricuspid annular plane systolic excursion; RV S': pulsed Doppler S wave of the RV; RVFAC: fractional area change of the RV; RVSP: RV systolic pressure. <sup>a</sup> Data available for 8/18 patients before and after cannulation. <sup>b</sup> Data available for 10/18 patients before and after cannulation. <sup>c</sup> Data available for 7/18 patients before and after cannulation. <sup>d</sup> Data available for 2/18 patients before and after cannulation. <sup>e</sup> Data available for 9/18 patients before and after cannulation.

**Table IV Correlation between parameters of right ventricular**

## Table IV Correlation between parameters of right ventricular

Positive end-expiratory pressure (PEEP)  
Fraction of inspired oxygen ( $\text{FiO}_2$ )  
Driving pressure ( $\Delta P$ )  
Plateau pressure ( $P_{\text{plat}}$ )  
Tricuspid annular plane systolic excursion (TAPSE)  
Pulsed Doppler S' wave (RV S')  
RV fractional area change (RVFAC)  
Left ventricular ejection fraction (LVEF)  
Interquartile range (IQR)  
Predicted body weight (PBW)  
Arterial partial pressure of oxygen ( $\text{PaO}_2$ )  
Fraction of sweep gas oxygen ( $\text{FsO}_2$ )  
Right ventricular systolic pressure (RVSP)  
Tricuspid regurgitation (TR)  
Extracorporeal carbon dioxide removal (ECCO<sub>2</sub>R)  
Randomized controlled trials (RCTs)  
Acute physiology and chronic health evaluation (APACHE)  
Sequential organ failure assessment (SOFA)  
Mixed venous oxygen saturation ( $\text{SvO}_2$ )

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