

# Regulatory mechanism of miR-223 on platelet reactivity in ischemic stroke patients after clopidogrel treatment

Wenjie Tian<sup>1</sup>, Xiaoshuang Xia<sup>1</sup>, Yan Sun<sup>1</sup>, and Xin Li<sup>1</sup>

<sup>1</sup>Tianjin Medical University Second Hospital

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## Abstract

Background: Recent studies have confirmed that microRNA-223 may participate in high-on clopidogrel treatment platelet reactivity. Clopidogrel requires hepatic enzyme metabolic activation to produce its metabolite with pharmacological activity, as a result, there are few researches about platelet reactivity. The aim of the current study is to explore the possible regulatory mechanism between microRNA-223 and platelet reactivity after clopidogrel treatment. Methods: In this study, we established an experimental model of MEG-01 cells treated with clopidogrel and human liver microsomes incubation system, so that the effects of clopidogrel active metabolites on megakaryocytes and platelets can be simulated. The relation of microRNA-223, C/EBP  $\alpha$  and P2Y<sub>12</sub> was further investigated by both cell experiments and clinical studies. Results: The ratio of platelet P2Y<sub>12</sub> expression before and after treatment was significantly higher in Low Responders group (1.14604 vs 0.77097,  $p=0.031$ ). After treatment at 200  $\mu$ l/2 ml for 3 and 5 consecutive days, miR-223 expression in MEG-01 cells decreased by 47.3% and 32%, respectively ( $p < 0.05$ ). P2Y<sub>12</sub> mRNA expression was 193.4% higher after 3 consecutive days ( $p < 0.001$ ), and significantly lower after 5 consecutive days than that in the negative control group ( $p < 0.05$ ). P2Y<sub>12</sub> and C/EBP  $\alpha$  protein expression were significantly lower after 5 consecutive days ( $p < 0.01$ ). Conclusions: A negative feedback loop was carried out by clopidogrel active metabolite to recede its inhibition of P2Y<sub>12</sub> signal pathway through P2Y<sub>12</sub>-PI3K/Akt-C/EBP  $\alpha$ -miR-223 pathway, which may be excessively activated and play a role in the occurrence of high-on clopidogrel treatment platelet reactivity.

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