

# Two dose adjustment programs in high-dose methotrexate treatment for pediatric acute lymphoblastic leukemia

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## Abstract

Background: Methotrexate is safely administered to most patients but can also cause severe toxicities. It is necessary to individualize methotrexate dose to maintain sufficient exposure while minimizing toxicities. Procedure: We enrolled 1174 cycles of high-dose methotrexate chemotherapy from 294 patients treated following the CCCG-ALL-2015 protocol and explored risk factors of toxicities, methotrexate clearance delay and relapse. We compared those who received a fixed-dose reduction (Program 1) with those who were dose-adjusted by added methotrexate concentration test at 16h (Program 2) after methotrexate clearance delay existed the last cycle. Results: Female, IR/HR group, BSA < 0.69m<sup>2</sup> and C44h[?] 1.0 μmol/L were risk factors of toxicities (P < 0.05). Significant covariates on methotrexate clearance delay were age > 6 years, male and IR/HR group (P < 0.01). Male, IR/HR and C68h[?] 0.2 μmol/L group patients were at higher risk of relapse (P < 0.05). No significant association was observed between methotrexate dose and relapse-free survival. 405 cycles from 168 patients were dose-adjusted by Program 1 and 118 cycles from 43 patients by Program 2. Patients who used Program 2 had a higher actual methotrexate infusion dose and infusion rate and was better in keeping C44h in our target value (P < 0.001). Abnormal serum potassium was more frequently in patients using Program 2 (P < 0.001), and prolonged myelosuppression was more commonly seen in IR/HR patients with Program 2 (P = 0.003). Conclusions: No significant correlation between methotrexate dose or C44h and relapse-free survival time was found. Patients who were dose-adjusted by Program 2 received a higher therapeutic dose and better controlled the methotrexate concentration to our target range.

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TABLE 1 Baseline patient demographics, treatment data and laboratory values based on risk group.pdf available at <https://authorea.com/users/375977/articles/493148-two-dose-adjustment-programs-in-high-dose-methotrexate-treatment-for-pediatric-acute-lymphoblastic-leukemia>

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TABLE 2 Risk factors of toxicity and methotrexate clearance delay at 44h.pdf available at <https://authorea.com/users/375977/articles/493148-two-dose-adjustment-programs-in-high-dose-methotrexate-treatment-for-pediatric-acute-lymphoblastic-leukemia>

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TABLE 4 Basic demographic information, treatment data and toxicity of two MTX dose adjustment programs.  
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