Characterization of Epidermal Bladder Cells in *Chenopodium quinoa*

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Abstract

Chenopodium quinoa (quinoa) is considered a superfood, as it has favourable nutrient composition and is gluten free. Quinoa has high tolerance to several abiotic stresses, i.e. salinity, water deficit (drought) and cold. The tolerance mechanisms are yet to be elucidated. Quinoa has Epidermal Bladder Cells (EBCs) that densely cover the shoot surface, particularly the younger parts of the plant. Here, we report on the EBC's primary and secondary metabolomes, as well as the lipidome in response to abiotic stresses. EBCs were isolated from plants after cold, heat, high-light, water deficit and salt treatments. We used untargeted Gas Chromatography-Mass Spectrometry (GC-MS) to analyse metabolites and untargeted and targeted Liquid Chromatography-MS (LC-MS) for lipids and secondary metabolite analyses. We identified 64 primary metabolites, including sugars, organic acids and amino acids, 19 secondary metabolites, including phenolic compounds, betanin and saponins and 240 lipids categorized in five groups including glycerolipids and phospholipids. Although we found only few changes in the metabolic composition of bladders in response to abiotic stresses, metabolites related with heat, cold and high-light treatments, but not salt stress, were changed significantly. Na$^+$ concentrations were low in EBCs with all treatments, and approximately two orders of magnitude lower than K$^+$ concentrations.

Title

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1

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Abstract

Chenopodium quinoa (quinoa) is considered a superfood, as it has favourable nutrient composition and is gluten free. Quinoa has high tolerance to several abiotic stresses, i.e. salinity, water deficit (drought) and cold. The tolerance mechanisms are yet to be elucidated. Quinoa has Epidermal Bladder Cells (EBCs) that densely cover the shoot surface, particularly the younger parts of the plant. Here, we report on the EBC's primary and secondary metabolomes, as well as the lipidome in response to abiotic stresses. EBCs were isolated from plants after cold, heat, high-light, water deficit and salt treatments. We used untargeted Gas Chromatography-Mass Spectrometry (GC-MS) to analyse metabolites and untargeted and targeted Liquid Chromatography-MS (LC-MS) for lipids and secondary metabolite analyses. We identified 64 primary metabolites, including sugars, organic acids and amino acids, 19 secondary metabolites, including phenolic compounds, betanin and saponins and 240 lipids categorized in five groups including glycerolipids and phospholipids. Although we found only few changes in the metabolic composition of bladders in response to abiotic stresses, metabolites related with heat, cold and high-light treatments, but not salt stress, were changed significantly. Na^+ concentrations were low in EBCs with all treatments, and approximately two orders of magnitude lower than K^+ concentrations.

Keywords

Chenopodium quinoa , epidermal bladder cells, EBC, abiotic stress, metabolomics, lipidomics

Introduction

The global demand for crops is continuing to increase (FAO, 2018). Additionally, declining arable land and altering climate conditions make this demand harder to satisfy. Abiotic stresses are a major limiting factor to agricultural production (FAO, 2018). It is therefore key that agricultural expansion include the improvement of crops for abiotic stress tolerance and utilize crop diversity (Tanksley & McCouch, 1997).

Quinoa (*Chenopodium quinoa* Willd.) is a pseudocereal and a major Andean crop that is adapted to a broad range of agro-ecological conditions and abiotic stresses, including soil salinity, drought and cold (Zurita-Silva et al., 2014). Quinoa is considered a halophyte because it has a high salinity tolerance and can grow in soils which have been treated with NaCl concentrations as high as seawater (Roman et al., 2020). Quinoa seed has recently gained much attention because of its nutritional value and adaptations to marginal environments. Quite noticeable is that the epidermal surface is covered in small bladders, including the abaxial and adaxial leaf sides, petioles, stem and the flower cluster (panicle) (**Fig. 1**). However, the role of these bladders remains inconclusive. Plants interact with their environment through their epidermis, which has a wide variety of functional specializations and epidermal structural adaptations for defence against pests and diseases. One of these adaptions are trichomes made of single or multiple cells, covering the surface of leaves, petals, stems, petioles, peduncles, and seeds depending on the species (Wagner, 1991). It has been reported that some halophytes have developed specialized trichomes to adapt to high salinity, for instance by secreting salts through salt glands or sequestration of salts into salt bladders (Adams et al., 1998; Liphschitz & Waisel, 1982). Salt bladders are usually composed of an epidermal cell, one to two stalk cells and an epidermal bladder cell (enlarged vacuolated cell). *Mesembryanthemum crystallinum* is a model halophyte used to measure Na$^+$accumulation and osmotic homoeostasis in their epidermal bladder cells (EBCs) (Barkla et al., 2012).

EBCs are large vacuolated cells with or without stalk cells and are mainly present in *Aizoaceae* and *Amaranthaceae* (Adams et al., 1998; Agarie et al., 2007; Karimi & Ungar, 1989). These EBCs are very flexible and can expand to accumulate high concentrations of salt, like in the vacuoles *of M. crystallinum* of up to 1 M (Adam & Zapp, 1998; Barkla et al., 2002). The EBCs of *M. crystallinum*have been extensively researched to investigate the role of these cells. Protein profiling showed diverse proteins involved in H$^+$-transport, primary metabolism and crassulacean acid metabolism (CAM) (Barkla et al., 2012, 2016; Jou et al., 2007). Analyses of the metabolic composition of the EBCs has revealed that these cells are metabolically active. A comparative study of salt-treated and control *M. crystallinum* EBCs identified over 300 significantly differing metabolites accounting for 13 biochemical pathways and mainly classified as compatible solutes (sugars, amino acids, organic acids) to maintain osmotic homeostasis (Barkla & Vera-Estrella, 2015). Stress responses in the EBCs have also been induced by high UV radiation, where it was suggested that increased flavonoid and betacyanin concentrations protect the leaves from strong irradiation (Ibdah et al., 2002; Oh et al., 2015; Vogt et al., 1999).

In quinoa, however, the EBCs are much smaller compared to *M. crystallinum* and do not enlarge over time (Orsini et al., 2011). In quinoa, EBCs have been hypothesized to mediate salinity tolerance by storing K$^+$, storing Na$^+$, reducing water loss, preventing UV damage by acting as a 'secondary' epidermis and acting as metabolite storage (Adolf et al., 2013; Kiani-Pouya et al., 2017; LoPresti, 2014; Shabala et al., 2012). Transcriptome analysis of EBCs identified candidate genes possibly involved in salt tolerance, as well as abiotic stress responses and cell wall synthesis (Böhm et al., 2018; Zou et al., 2017). However, a recent study shows that Na$^+$ concentrations in the EBCs did not increase substantially in the EBCs of salt stressed quinoa to account for the amount of ions in the leaves (Roman et al., 2020). The EBCs of quinoa exhibit a unique transcriptomic profile with over 5000 differently expressed genes compared to the epidermal cells of the leaves, suggesting a high metabolic activity in these cells (Böhm et al., 2018; Zou et al., 2017).

To gain more insights on the role of the EBCs we conducted a metabolic study on quinoa's EBCs in response to several abiotic stresses: salinity, water deficit, heat, cold and high-light. Acquiring a metabolomic profile of quinoa's EBCs required a combination of liquid chromatography (LC) and gas chromatography (GC) coupled with mass spectrometry (MS) for metabolite and lipid profiling. We also combined two approaches to couple selectivity and sensitivity for an encompassing metabolome analysis: targeted and untargeted. Plant metabolomics research is a complex endeavour and depends largely on the instrumentation to comprehensively quantify and localize metabolites. Gas chromatography-mass spectrometry (GC-MS) is a robust tool to analyse organic acids, sugars, and amino acids with a prior derivatisation (Desbrosses et al., 2005; Roessner et al., 2000). Liquid chromatography–mass spectrometry (LC-MS) can be used to separate and determine metabolites of different polarity, such as the broad class of secondary metabolites and lipids (Cheong et al., 2019; Jorge et al, 2015). We identified 64 primary metabolites, including sugars, organic acids and amino

acids, 19 secondary metabolites, including phenolic compounds, betanin and saponins, and 240 lipids categorized in five groups including glycerolipids and phospholipids. We found some primary metabolites change in abundance in response to heat, cold and high-light stress, and some lipids change abundance in response to heat and salinity. We found that bladders contain betanin, which is presumably related to their pink colour, and saponins.

Although we found only few changes in the metabolic composition of bladders in response to abiotic stresses, metabolites related with heat, cold and high-light treatments were changed significantly.

Material and Methods

Plant materials and growth conditions

This experiment was conducted several times to enable collection of bladders in sufficient amounts for metabolomics analyses. Phenotypical traits were assessed for every experiment to ensure plants were stressed in a similar manner. *Chenopodium quinoa* (quinoa) accession QQ74 was grown in 10 cm diameter pots with Basissubtrat 2 (Stender, Schermbeck, Germany), in a Conviron growth chamber (day/night, 12/12 h, 22/18 °C, 50 % humidity, incandescent lamps with photon flux density 300-350 μm m^{-2} s^{-1}) or in a greenhouse at University Hohenheim, Germany. Plants were grown to the 11-leaf growth stage (~26 days) before they were subjected to treatments. Five seeds were sown per pot, and later thinned to one uniform plant per pot (runts and unusually strong plants were removed).

Pots with plants at the 11-leaf growth stage were placed in separate trays and subjected to each treatment for 6 days before harvesting. All treatment groups, other than water deficit, were watered to full field capacity on the first day of treatment. During the course of the treatment, all plants were watered when necessary. Plants were not treated with fungicides or insecticides. At harvest, plant height was measured from the soil surface to the top shoot meristem, shoot fresh mass (FM) and dry mass (DM) were determined.

Heat, cold and high-light treatment

Heat treatment was performed at day/night 35/30°C, cold treatment was performed at day/night 10/5°C, and for high-light treatments plants were exposed to a photon flux density of ~700 μm m^{-2} s^{-1}

Water deficit treatment

For water deficit treatment, the water holding capacity (WHC) of the soil from that experimental replicate was first determined, and plants were kept at a water holding capacity of 20-30 %, while the control plants were held around 60 %. A WHC of 60 % was tested previously for control plants. The parameter of 20-30 % WHC was chosen from preliminary testing, where plants were exposed to several water deficit stresses. At a WHC of 20-30 % a clear phenotype was visible, but plants did not die and could recover upon rewatering.

Salt treatment

For salt treatment, the plants were treated with a salt concentration of 300 mM NaCl. Plants were soaked in the respective solutions for 4 h. When the pots dried from fully soaked, at 100 % WHC, to 60 % WHC (at which level pots were kept for the duration of the experiment), the apparent salt concentration in each pot increased to approximately 360 mM. While this application method does not allow the determination of accurate NaCl concentration in the pot, it enables comparisons between experiments. These parameters were chosen from a preliminary testing of four different concentrations, 300 mM, 400 mM, 500 mM and 600 mM NaCl, to ensure plants showed signs of stress but were not wilting and dying.

Determining leaf ion content

Measurements were done as described previously (Schmöckel et al., 2017). Briefly, at harvest, the ninth leaf of every plant was collected, the fresh and dry weight determined, then digested in 2 mL of 1 % nitric acid for 4 h at 8°C. The Na and K was determined using a Flame Photometer (Sherwood, Model 425).

4

WinFolia analyses

During harvest, each leaf of one plant was placed in order on the scanner, the leaves were scanned, and the software used to determine leaf area.

Statistical analysis

Data was analysed using ANOVA, followed by Tukey HSD post hoc test.

EBC collection and metabolite extraction

EBCs were collected after six days of stress treatment. The EBCs were brushed from the abaxial and adaxial sides of the leaves, the petioles and the stem with a soft paintbrush. The EBCs from an entire plant were collected and snap frozen in liquid nitrogen. Samples were stored at -80°C until further analysis.

Analysis of primary metabolites

All chemicals and solvents for metabolite measurements were purchased from Sigma-Aldrich (Australia) and were of analytical or mass spectrometry grades.

The snap-frozen bladders were freeze dried to give a dry mass per sample of 1-2 mg with an accurate mass being recorded. 250 µL of 100 % methanol (containing 0.005 mg mL^{-1} $^{13}C_6$-Sorbitol/$^{13}C_5$^{15}N-Valine internal standards) was added and the tissue homogenized in a cryomill at -10°C (Precellys 24, Bertin Technologies). The homogenate was sonicated for 2 min, incubated for 15 min at 30°C, centrifuged (13,000 rpm at room temperature) and the supernatant collected. The pellet was then washed (250 µL of Milli-Q H_2O), vortexed, centrifuged (13,000 rpm at room temperature) and the supernatant collected. A 250 µL aliquot of the combined supernatant was then dried under a vacuum and stored at -20°C.

For GC-MS analysis, samples were derivatised using a Gerstel MPS2 multipurpose sampler (GERSTEL GmbH & Co. KG Mühlheim an der Ruhr, Germany). Briefly, 10 µL of methoxyamine hydrochloride was added to each sample, shaken for 2 h at 37°C and then mixed with 20 µL*N,O-Bis* (Trimethylsilyl)trifluoroacetamide with Trimethylchlorosilane (BSTFA with 1% TMCS, Thermo Scientific), shaken for 30 min at 37°C, with a 1 h wait before injection.

The analysis was performed on an Agilent 7890 gas chromatograph (Agilent Technologies Inc., Santa Rosa, CA, USA) coupled with an Agilent 5975C VL mass selective detector (Agilent Technologies Inc., Santa Rosa, CA, USA). Instrument control is performed with Agilent G1701A Revision E.02.01 ChemStation software (Agilent Technologies Inc., Santa Rosa, CA, USA). Separation was achieved with a Varian Factor 4 column (VF-5 ms; 30 m × 0.25 mm × 0.25 µm + 10 µm Ezi-guard, Agilent Technologies Inc., Santa Rosa, CA, USA) with helium (Ultra High Purity) as carrier gas at flow rate 1 mL min^{-1} with retention time locking (RTL) applied (locked to mannitol at 21.5 min). The initial oven temperature was set at 70°C (1 min) with a temperature ramp of 7°C min^{-1} to 325°C (3.5 min hold). The mass spectrometer quadrupole temperature was set at 150°C, the source at 250°C and the transfer line was held at 280°C. Ionization energy was 70 eV and the MS data was recorded in full scan mode (m/z 50-600).

Analysis of lipid composition

All chemicals and solvents for metabolite measurements were purchased from Sigma-Aldrich (Australia) and were of analytical or mass spectrometry grades.

The snap-frozen bladders were weighed, supplemented with 200 µL MilliQ water and vortexed vigorously for 1 min. 250 µL of 100% methanol, containing 0.01% butylated hydroxytoluene (BHT) and 10 µM d7-cholesterol (internal standard), were added. Samples were sonicated for 5 min in a water bath at room temperature. Then 500 µL of chloroform was added, vortexed vigorously for 1 min and incubated for 30 minutes at 30°C. Samples were centrifuged for 15 min at 15,000 rpm at room temperature. The supernatant was transferred into a fresh tube. 1000 µL of chloroform: methanol (2:1) (v/v) were added to the remaining pellet (2nd extraction), vortexed for 1 min, centrifuged 15 minutes at 15,000 rpm at room temperature and

5

the supernatant combined with the previously collected supernatant. Combined extract was dried under vacuum und resuspended in 200 μL of 10 mM ammonium formate in butanol:methanol (50:50, v/v).

The targeted lipid analysis was performed by LC-QqQ-MS. Samples (5 μL) were injected into a 50 mm × 2.1 mm × 2.7 μm Ascentis Express RP Amide column (Supelco, Sigma, St Louis, USA) at the temperature of 35°C using an Agilent LC 1200 (Mulgrave, Australia). Followed by an elution at 0.2 mL min^{-1} over a 5 min gradient of 50:20:30 v/v/v water:methanol:tetrahydrofuran to 5:20:75 v/v/v water:methanol:tetrahydrofuran; the latter buffer hold for 3 min. Electrospray Ionization Mass Spectrometry (ESI-MS) with an Agilent Triple Quad 6490 (Mulgrave, Australia) was used to detect the lipids. Mass spectra of lipid species were detected using a precursor ion scanning with the range of 100-1000 m/z , in both positive and negative ion mood. Phosphatidylcholines (PC, precursors of m/z 184.1), sphingomyelins (SM, m/z 184.1), phosphatidylglycerols (PG, m/z 189), and ceramides (CER, m/z 264.6) were detected using positive ion mode and phosphatidy-linositols (PI, m/z 241) were identified using negative ion mode. To detect the phosphatidylethanolamines (PE, in positive ion mode, neutral loss of m/z 141) and phosphatidylserines (PS, negative ion mode, m/z 87) neutral loss scanning was applied. In addition, the triacylglycerol (TAG) and diacylglycerol (DAG) species were detected using the neutral loss of fatty acyl moiety. MRM with a 20 ms dwell time for the simultaneous measurement of approximately 20-50 compounds, the peak width of 30-45 sec, the minimum of 12-16 collected data points across the peaks was used for the quantification of the detected lipid species. The capillary voltage was set at 4000 V, and the collision and fragmentor voltages were set at 15-60 V and 140-380 V, respectively.

The untargeted lipid analysis was facilitated by LC-QqTOF. An Agilent 1290 HPLC system (Santa Clara, CA, USA) coupled to a SCIEX TripleTOF 6600 mass spectrometer (Framingham, Massachusetts, USA) were employed for lipid analysis and identification. Samples (8 μL) were injected using an Agilent Poroshell EC-C18 (100 mm × 2.1 mm, 2.7 μm, Col A) column, at the temperature of 50°C, and a flow rate of 0.4 mL min^{-1} followed by an elution at 0.4 mL min^{-1} over a linear gradient of 3:7 v/v methanol:20 mM ammonium acetate and 6:3:1 v/v/v 2-propanol:methanol:20 mM ammonium acetate. The starting conditions of the gradient pump were set at 35 % for A and 65 % for B, over 2 min. The linear gradient for B was increased to 100 % over 8 min, followed by 100 % for B over 4 min, and then back to the same condition (35 % for A and 65 % for B) over 6 min. For each lipid class the collision energy (CE) was adjusted as follows; for phosphatidylcholine (PC)

and phosphatidylethanolamine (PE) families the CE was set at +38 V; for steryl esters (SE), diacylglycerol (DG), acylated steryl glycoside (ASG) and steryl glycoside (SG) families, at +30 V; for ceramide (Cer) and glucosyl ceramide (GlcCer) families, at +50 V; for triacylglycerol (TAG) and steryl esters (SE) families, at +40 V. For digalactosyl diacylglycerol (DGDG), lysodigalactosyl diacylglycerol (LDGDG), lysomonogalac-tosyl diacylglycerol (LMGDG), lysophosphatidylcholine (LPC), lysophosphatidylethanolamine (LPE), lyso-phosphatidylglycerol (LPG), lysophosphatidylinositide (LPI), lysosulfoquinovosyl diacylglycerol (LSQDG), monogalactosyl diacylglycerol (MGDG), phosphatidic acid (PA), phosphatidylglycerol (PG), phosphatidyli-nositide (PI), phosphatidylserine (PS), and sulfoquinovosyl diacylglycerol (SQDG) families the CE was set at -40 V. The source temperature was set at 450degC. The atmospheric pressure of the Curtain Gas, Gas 1, and Gas 2 were set at 45 psi. Declustering potential (DP) voltage was set at -200 V in negative ion mode and +100 V in positive ion mode. The voltage of ion spray voltage floating (ISVF) was set to +5500 V in positive ion mode and -4500 V in negative ion mode.

Analysis of secondary metabolites

All chemicals and solvents for metabolite measurements were purchased from Sigma-Aldrich (Germany) and were of analytical or mass spectrometry grades.

The snap-frozen bladders were ground using mortar and pestle and weighed to 0.5-2 g. 1 mL of methanol:water:chloroform (1:1:1 v/v) solvent was added, vortexed for 15 min, sonicated for 15 min and centrifuged for 15 min (13,000 rpm at room temperature). The upper phase was extracted, concentrated using nitrogen with XcelVap Concentrator (Biotage, Uppsala, Sweden) and resolved in 100 μL methanol.

6

The samples were stored at –20°C until analysis.

HPLC-MS/MS analysis was performed on a UHPLC-Agilent 1290 Infinity LC System (Agilent Technologies Inc., Santa Rosa, CA, USA). Separation was achieved on a Zorbax Eclipse Plus C18 column (50 x 2.1 mm, 1.8 μm, 100 Å; Agilent Technologies Inc., Santa Rosa, CA, US). Elution proceeded by means of a gradient with 0.2 mL min^{-1} flow rate, using water with 0.2 % formic acid as solvent A and acetonitrile with 0.2 % formic acid as solvent B. The elution profile was: 0-35 min, 0-10 % B; 36-43 min, 10-15 % B; 44-70 min, 15-65 % B; 71-80 min, 65-100 % B; 81-85 min, 100 % B; 86-90 min, 100-0 % B. The temperatures of the LC column and autosampler were maintained at 40° C and 4° C, respectively. The injection volume of all samples was 12 μL. The UHPLC was coupled to a Q Exactive Hybrid-Quadrupole-Orbitrapmass spectrometry operated with Xcalibur 4.0 (ThermoFisher, Waltham, MA, USA), equipped with an electrospray ion source (ESI). The mass spectra were acquired in positive ion mode with a spray voltage at 4200 V. The sheath gas had 60°C, aux gas 20°C, and capillary temperature was 360°C. The S-lens RF level was set at 50 and the heater temperature at 380°C. The scan range was used from 100 to 1,500 m/z at a resolution of 70,000. Data-dependent MS/MS spectra in a mass range of 200–2,000 m/z were generated for the five most abundant precursor ions with a resolution of 17,500 and a stepped collision energy of 10, 60, and 110 eV.

Raw data and statistical analysis of metabolites

Primary metabolites and lipids

Peak finding software AMDIS (https://chemdata.nist.gov), Agilent MassHunter Qualitative Analysis and Agilent MassHunter Quantitative Analysis (Agilent Technologies Inc., Santa Clara, CA, USA) were used for analysis of the raw data. The data were normalised to the internal standard (ISTD) response and sample weight. For primary metabolite identification, the NIST Standard Reference Database 78 (version 5.8, https://dx.doi.org/10.18434/T4W30F) and an in-house mass spectral database were used, while the MS-DIAL lipid database was used for lipid identification (Tsugawa et al., 2020). The online tool MetaboAnalyst (Metaboanalyst.ca, 2020) was then utilised for statistical analysis of the normalised raw data and generation of PCA plots, t-Test and One-Way Analysis of Variance (ANOVA) was applied to the data. The ANOVA was used with a false discovery rate (FDR)-adjusted p value of 0.05 and using the Benjamin Hochberg method (1995) to determine the metabolites and lipids that changed significantly in comparison to the control. The comparisons between treatment and control for metabolites and lipids are presented as log$_2$-transformed fold change values. The log$_2$-fold changes of primary metabolites and lipids were calculated and plotted using *stats* R package and using the *ggplot2* package.

Secondary metabolites

Compound Discoverer 3.1 (ThermoFisher Scientific, Waltham, MA, USA) was used for feature finding, further compound identification, normalising the data in response to quality control samples (QC) and identification the metabolites by the Core Facility, Metabolomics Unit at the University of Hohenheim. Based on the isotopic and fragmentation pattern features where sorted, e.g. resulting from not correct assigned adduct signals. The resulting data set was used for further investigation. The QC-normalised data was further normalised by the sample weight. The online tool MetaboAnalyst (Metaboanalyst.ca, 2020) was then utilised for statistical analysis of the normalised raw data and generation of PCA plots, T-Test and One-Way Analysis of Variance (ANOVA) was applied to the data. The ANOVA was used with a false discovery rate (FDR)-adjusted$p$ value of 0.05 and using the Benjamin Hochberg method (1995) to determine the metabolites that changed significantly in comparison to the control. The comparisons between treatment and control for metabolites are presented as log$_2$-transformed of fold change values. The log$_2$-fold changes of primary metabolites and lipids were calculated and plotted using *stats* R package and using the *ggplot2* package.

Results

The metabolic and lipid profile of quinoa bladders

7

To characterize quinoa's EBCs, a combination of metabolic and lipid profiling was used. In total, 64 primary metabolites (13 sugars, 6 sugar alcohols, 4 sugar acids, 13 organic acids, 8 amino acids, 13 fatty acids and fatty alcohols and 7 uncategorised) were identified using GC-Q-MS, including oxalic acid, octacosanol, octadecanoic acid, hexacosanol, pyroglutamic acid and sucrose (**Supplementary Table S1**). Some of these metabolites have been reported before in seeds and leaves of quinoa (Kiani-Pouya et al., 2017; Pereira et al., 2019). We identified 240 lipids using targeted LC-MS, that can be categorised in five groups: Sphingolipids (9), Glycerolipids (55), Glycosyldiacylglycerols (20), Phospholipids (146) and Sterols (11) (**Supplementary Table S2**). In addition, over 4000 unidentified mass features were found and relative-quantified using untargeted LC-MS. Highly abundant in the EBCs are three diglycerides (DG), one triglyceride (TG), four phosphatidylcholines (PC) and an unidentified lipid (m/z 510.0644 at RT 19.91).

Secondary metabolites were relative-quantified using untargeted LC-MS and revealed 1200 mass features. The features were scanned for known secondary metabolites in quinoa, according to their isotopic and fragmentation pattern. We identified 19 compounds: 10 flavonols, 2 betacyanins, 1 sterol, 3 saponins and 3 hydrocinnamic acids. The compounds are presented with a tentative identification, based on mass, mass formula, MS/MS fragmentation and literature (Table 1). The flavonols were the most represented secondary metabolites, in particular glycosylated derivatives of quercetin, isorhamnetin, rhamnetin and kaempferol. Quercetin and kaempferol are common flavonols in quinoa and have been reported before in seed and leaf samples. The presence of either rhamnetin and isorhamnetin seems to depend on the quinoa accession (El-Sadek et al., 2017; Gómez-Caravaca et al., 2012; Paśko et al., 2008; Stikić et al., 2020). The two betacyanins betanin and amaranthin presumably provide the visible rose/pink colour in the EBCs. In quinoa seeds betacyanins are responsible for the colouring (Tang, Li, Chen, et al., 2015). Betanin was identified using a standard and amaranthin identified based on its MS2 spectra, as well as their longer absorption wavelength (536-538 nm). Hydrocinnamic derivatives, ferulic, sinapinic and coumaric acid were identified in their glycosylated form as ammonia adducts. These polyphenols are common in their non-derivatised form in quinoa seeds (Gómez-Caravaca et al., 2012; Tang, Li, Chen, et al., 2015). Saponins, mainly stored in the seed hulls of quinoa, were also identified in the EBCs (Jarvis et al., 2017; Madl et al., 2006). However, the aglycone structure could not be exactly identified. A phytoecdysteroid was found in the bladders, which has been reported in seeds and the whole plant of quinoa before (El-Sadek et al., 2017; Graf et al., 2014; N. Zhu et al., 2001).

The metabolic and lipid profile of quinoa bladders changed in response to abiotic stresses

To investigate the role of EBCs in quinoa, we analysed the metabolic and lipid composition in response to various abiotic stimuli, including heat, cold, high-light, water deficit and soil salinity. To ensure plants were affected by treatments, physiological parameters were determined. The experiment was repeated several times to ensure sufficient amounts of bladders could be obtained. Each time several physiological parameters were taken to confirm plants were responding on a physiological level. Plant height, fresh biomass and total leaf area were significantly reduced for cold, high-light and water deficit treatments (**Fig. 2 A-C**). Quinoa is considered a salt tolerant plant; therefore, it is not expected to alter biomass significantly during salt imposition. One important trait to investigate is the Na concentration, which increased significantly in the leaves of plants treated with 300 mM NaCl (**Fig. 2 D**). Plant height was also significantly reduced in response to salt imposition, while plant biomass and total leaf area were only slightly reduced compared with control conditions.

The heat treatment did not significantly affect any of the measured traits, although a trend was apparent. This is consistent with other studies (Eustis et al., 2020; Hinojosa et al., 2019). However, it was clearly visible that leaves were positioned upright during heat treatment (**Fig. 2 E**).

Heat, cold and high-light stress elicit changes in primary metabolites

Principal component analysis (PCA) presented an unbiased assessment of the data variance structure. The first principal component (PC1) demonstrates the greatest variance (44.3 %) across the data and separates the data across the samples based on the treatment (**Fig. 3 A**). The second principal component divides

8

the components based on sample replicates and accounts for 14.4 % of the variance. Changes in primary metabolites were seen predominantly in EBCs of heat, cold and high-light treated plants (**Fig. 3 A**). Changes in the 64 primary metabolites were observed in heat, cold and high-light-treated plants, mainly in sugars, sugar alcohols and sugar acids. Heat-treated plants showed changes in 70 % of the measured metabolites (**Fig. 3 B**). The PCA Biplot revealed that the sugars glucose and fructose contributed most to the response to cold treatment, while saccharic/ glucaric acid and melibiose contributed to the response to heat treatment (**Supplementary Fig. S1**).

Analysing the GC-MS data of the stress treatments showed a significant increase in sugars, sugar acids and sugar alcohols in the EBCs of cold and high-light treated quinoa plants (**Fig. 3 C**). Fructose (+1.6 fold), glucose (+3.7 fold) and galactonic acid (+1.2 fold) increased during cold treatment (**Fig. 3 C**), while ribonic acid (+1.6 fold) and ribitol (+1,1 fold) increased significantly during high-light treatment.

In response to heat treatment, we detected a significant increase in abundance for 12 primary metabolites and a significant decrease in abundance for 9 primary metabolites (**Fig. 3 C**). A significant increase was seen for the amine tyramine (+1.1-fold), the three organic acids malic acid (+1.9-fold), 1,4-lactone-threonic acid (-0.6 fold) and ribonic acid (+2.1-fold); the two sugars rhamnose (+0.5 fold) and melibiose (+0.8 fold), the four sugar alcohols erythritol (+2.4 fold), arabitol (+1.3 fold), myo-inositol (+1 fold) and ribitol (+0.7 fold); and the three sugar acids galactonic acid (+0.9 fold), sacharric/glucaric (+1.4-fold) and threonic acid (+0.4 fold). A significant decrease was seen in the four fatty acids docosanoic acid (-2 fold), eicosanoic acid (-1.7 fold), heptadecanoic acid (-1.6 fold) and pentadecanoic acid (-1.3 fold), the organic acid lactic acid (-1.3 fold); the two sugars fructose (-0.9 fold) and sucrose (-2 fold), and the sugar alcohol derivative digalactosylglycerol (-1 fold).

Cold and salt stress elicit few changes in lipids

Lipid profile changes were analysed by LC-MS with a targeted and an untargeted measurement approach. The PCA Scoreplots of the targeted lipid analysis (**Fig. 4 A, Supplementary Table S2**) and the untargeted lipid analysis (**Fig. 4 B, Supplementary Table S3**) in the EBCs show little distinction between the treatment groups. The other treatments showed a disperse variance within their respected groups and the observation is similar for targeted and untargeted lipids.

Regarding the targeted lipids, only three glycerolipid (one TG, two GlcCer), two phospholipids of the PC class, and three lipids of the sphingolipids (Cer) were significantly increased in EBCs of heat and salt-treated plants compared to the controls (**Fig. 4 C**).

In cold treated bladders only one unidentified lipid increased significantly compared to the control (840.566_- 1.11 (+0.86 fold)). The same lipid decreased in the NaCl-treated plants (**Supplementary Table S3**). In heat-treated EBCs significant increases were observed in six lipids (Cer(18:1;3/22:0;1) (+1.5 fold), Glc-Cer(18:1;3/22:0;1) (+2 fold), GlcCer(18:1;3/24:0;1) (+2 fold), PC 31:0 (+2.5 fold), PC 31:1 (+1.7 fold), TG 50:0 (+0.5 fold)) and 11 unidentified lipids (**Supplementary Table S2**). The EBCs from plants treated with salinity displayed a significant increase in seven unidentified lipids with 1078.8384_16.28 (+1.7 fold) increasing the most. No changes were observed in the EBCs of high-light stressed plants. The most changes in the lipid composition were observed in the water deficit-treated quinoa plants with 46 unidentified lipids (**Supplementary Table S3**).

Secondary metabolites change little under abiotic stresses

Secondary metabolites in EBCs of stressed quinoa plants were measured by LC-MS. The untargeted LC-MS approach revealed 1200 mass features. These features were further analysed, based on MS/MS signal and signal strength to 600 mass features. Due to a high variance in sample weight between the stress treatments, the data was not sufficient for quantification. Therefore, we could only observe trends in this dataset. Hence, the PCA showed no distinct differences between the treatment groups (**Fig. 5 A, Supplementary Table S4**).

The identified peaks of the secondary metabolite analysis (**Table 1**) were not significantly regulated upon

9

stress treatment in the EBCs of quinoa. However, some of the compound groups display a trend in their response to abiotic stress treatment. The three saponins displayed an interesting pattern. Compared to the control samples, the saponins increased in water deficit and salt-treatment, and decreased in heat, cold, and high-light treated plants (**Fig. 5 B**). Similar observations have been made in quinoa seed samples under salt irrigation experiments. There, the saponin content was higher in saline water irrigated plants compared to the water irrigated plants. In contrast, plants grown under an irrigation deficit showed a decrease of saponins (Gómez-Caravaca et al., 2012; Pulvento et al., 2012).

In contrast to saponins, betacyanins are increased in bladders treated with heat, cold and high-light stress and decreased in water deficit and salt stress treatment. Betacyanins have antioxidant activities and increase in abundance when exposed to salt and high-light (Oh et al., 2015; Vogt et al., 1999; Wybraniec et al., 2011).

The flavonoids showed similar trends under the different stress-treatments, with a few exceptions. In bladders from high-light stressed plants, the three isorhamnetins show a higher increase than the other flavonoids. In heat and high-light treated bladders the flavonoids increased to varying degree, additionally kaempferol coumaroyl-glucoside decreased compared to the controls. The cold-treated bladders showed an increase of all flavonoids compared to the control. The stress-induced pattern of the flavonoids is consistent with their role as reactive oxygen species (ROS) scavengers and their abundance increases in response to several abiotic stresses (Agati et al., 2012; Agati & Tatt, 2010).

Discussion

We used multiple analytical approaches to characterize quinoa's EBCs. We detected more than 5000 metabolites consisting of 340 known and over 4000 unidentified molecular features. It has been suggested that quinoa's EBCs play an important role in salinity tolerance mechanisms (Böhm et al., 2018; Kiani-Pouya et al., 2017). To gain greater insight into the biochemical profile underlying biological roles of the EBCs, we studied the effect of different abiotic stress treatments on the EBC metabolites. Our data suggest that the EBCs might have multiple roles protecting quinoa from abiotic stressors.

In summary, primary metabolite levels in EBCs revealed significant metabolic responses upon heat, cold and high-light stress treatment (**Fig. 3 A**), while alterations in secondary metabolites were not significant in any (**Fig. 5 B**). The lipid composition in the EBCs varied in all treatments, with the most substantial changes during heat and drought stress (**Fig. 4 C**).

The detected primary metabolites including oxalic acid and several compounds known to be involved in defence against pest and animals (Franceschi & Nakata, 2005). Plants were not treated with fungicides/pesticides and were cultivated in closed growth cabinets, reducing the likelihood that these compounds came from elsewhere. Oxalic acid is also highly concentrated in quinoa seeds, where it poses a palatability problem (Pereira et al., 2019). Octacosanol and hexacosanol are aliphatic primary alcohols, which are constituents of plant epicuticular wax (Jenks et al., 1996). This wax layer preserves the water balance and minimizes mechanical damage in epidermal cells (Shepherd & Griffiths, 2006). In EBCs these compounds might function in a similar way, stabilizing the EBC cell wall and therefore protecting the surface of the leaf as a secondary epidermis. Pyroglutamic acid is a potential precursor of glutamate, which is essential for the first step in the *de novo* biosynthesis of the antioxidant glutathione (Forman et al., 2009; Kumar & Bachhawat, 2012). Previous studies have shown that purified pyroglutamic acid exhibits antibacterial properties against *Bacillus* and *Enterobacter* strains, as well as antifungal activity against phytopathogens (Huttunen et al., 1995; F. Zhu et al., 2018).

Primary metabolites in EBCs changed mainly in sugar concentrations in response to heat, cold and high-light stress (**Fig. 3 C**). Sugars act as osmolytes to stabilize the turgor pressure and the cell membrane, as well as preventing protein degradation (Arbona et al., 2013). Fructose and glucose are the main sugars changing in the EBCs of cold treated plants, probably acting as osmoprotectants in the cells. This increase is probably facilitated by the detected sugar transporters, which were recently identified using transcriptome analyses by Böhm et al. (2018). Besides these typical sugars, no other known osmolytes are elevated in

the EBCs of any stress treated plants, such as proline, betanin and other soluble sugars. Transgenic plants with increased levels of raffinose and galactinol showed an increased tolerance towards salinity and low temperature stress, presumably by scavenging hydroxyl radicals to protect from oxidative stress (Nishizawa et al., 2008). Neither galactinol, nor raffinose increased significantly in quinoas EBCs. The same was observed for trehalose, a disaccharide linked to increase under drought, salt and cold tolerance, as shown in transgenic rice and tobacco plants (Shima et al., 2007; Zhang et al., 2005). Typical protective osmolytes are not elevated in the EBCs of quinoa under any abiotic stressor, suggesting that the EBCs are not cells that are protected.

The cytosolic accumulation of osmotically active compounds might increase the cellular osmotic potential to provide a balance between the cytoplasm and the vacuolar lumen, which in *M. crystallinum,* can accumulate up to 1 M Na^+ (Adams et al., 1998). Transcriptomic data of the salt treated EBCs from *M. crystallinum* suggests metabolic pathways are induced which lead to synthesis, accumulation, transport and conversion of compatible solutes to balance the osmotic potential (Oh et al., 2015). We did not see a large amount of Na^+ accumulate in EBCs (**Supplementary Fig. 2**). This corroborates a recent study, that found that the small amount of ions accumulated in the EBCs and the general small weight of the EBCs (1.3%) represents only a very small fraction of the total Na^+ taken up by the plant and therefore presumably plays only a minor role in Na^+ storage (Roman et al., 2020). The accumulated sugars in quinoas EBC might counterbalance the Na^+; however, even under salt stress conditions no particular increase of sugars was measured to facilitate this. This leaves the role of the osmolytes unanswered.

Another hypothesis of the elevated osmotically active non-toxic organic compounds could be to facilitate storage of toxic protective compounds. Natural deep eutectic solvents (NADES) are proposed to be the third intracellular solvent phase (Choi et al., 2011). This group is composed of natural compounds including main plant cell constituents such as sugars, amino acids, choline and organic acids. In the right stoichiometric proportions these crystalline structures become liquid; the most common example is honey with its 1:1:1 molar ratio of glucose:fructose:sucrose. Due to the formation of intramolecular hydrogen bonds the high melting point is depressed and causes the solids to liquefy, even at room temperature. This characteristic makes NADES excellent solvents for insoluble phytochemicals such as anthocyanins and flavonoids (Choi et al., 2011; Dai et al., 2013). The properties of NADES could serve to protect phytochemicals by retaining water during dehydration caused by abiotic stresses like drought and heat, as NADES have almost no vapour pressure (Knudsen et al., 2018). Many studies report correlations of drought tolerance with induction of sugars (di- and oligosaccharides) and amino acids (proline, glycine) (Ancillotti et al., 2015; Guy et al., 2008; Hoekstra et al., 2001; Iordachescu & Imai, 2008; Szabados & Savouré, 2010). Many of these compounds have been shown to act as NADES, suggesting that plants might replace water with NADES to maintain life under drought conditions (Choi et al., 2011).

Typical NADES are formed like sugar:organic-acid; sugar:sugar, amino-acid: sugar, and amino-acid:organic-acid. In the EBCs of cold treated quinoa plants glucose, fructose and galactonic acids are increased, and these osmoprotectants might be able to form NADES. In heat treated quinoa EBC, the organic acid malic acid and sugars like rhamnose and melibiose are increased, and this combination may form NADES as well. Under these abiotic stress conditions, NADES might be formed to protect valuable metabolites like flavonoids.

This is the first study to report on secondary metabolites of quinoa's EBCs. We identified glycosylated flavonoids, betacyanins, sterols, saponins and hydrocinnamic acids. These are known to be involved in adaptations to environmental changes and plant defence (Agati et al., 2012; Gómez-Caravaca et al., 2012; Oh et al., 2015; Vogt et al., 1999). An increase in reactive oxygen species (ROS) can result from many abiotic stressors (Miller et al., 2010). Flavonoids are known ROS scavengers, acting as antioxidants in stressed plants (Agati & Tatt, 2010; Ferdinando Di et al., 2012). The identified glucosylated flavonoids in this study were not significantly increased under any abiotic stressor. However, most of them were elevated during cold stress-treatment compared to the control bladders. In cold-tolerant *Arabidopsis thaliana* accessions the up-regulation of flavonoids was positively correlated (Hannah et al., 2006).

The detected betacyanins are known in quinoa and found in diverse parts of the plant (Repo-Carrasco et al., 2003; Tang et al., 2015). Betacyanins are described in *M. crystallinum* being strongly correlated with light

intensity (Ibdah et al., 2002; Vogt et al., 1999), as betacyanins have a strong antioxidant capacity (Taira et al., 2015). We detected increased levels of betanin and amaranthin in EBCs of heat, cold and high-light treated plants (**Fig. 5 B**). However, the values are not significant and prevent conclusions of high-light and betacyanin induction/correlation in quinoa.

Saponins in quinoa are mainly known in the hull of the seeds and to some extent in the leaves (Jarvis et al., 2017; Madl et al., 2006). During salt irrigation experiments, elevated saponin levels in the seeds were measured compared to the water irrigated control plants (Gómez-Caravaca et al., 2012; Pulvento et al., 2012). We observed a similar trend in salt stressed plants, where the saponin levels were slightly elevated in the EBCs of salt stressed plants. In contrast, saponin content has been reported to decrease in seeds under drought conditions (Gómez-Caravaca et al., 2012; Pulvento et al., 2012), while we observed a moderate elevation of the saponin levels in the EBCs. Whether saponins play any kind of role in conveying resistance to abiotic stresses remains unclear.

Plant cellular membrane lipids undergo many changes when exposed to abiotic stresses. The membrane fluidity changes with abiotic stressors, as the ratio of phospholipids changes (Barkla, Rhodes, et al., 2018; Falcone et al., 2004; Larkindale & Huang, 2004). In our study, four phospholipids (PC) and four glycerolipids (DG, TG) are the most abundant plasma membrane lipids. PCs and PAs are phospholipids known to be involved in membrane synthesis. EBCs of salt stressed *M. crystallinum* showed increased levels in multiple phospholipid classes, suggesting an adaptive advantage of the plant (Barkla et al 2018). While in EBCs of *M. crystallinum* 34 lipid molecular species changed upon salt stress, none of these lipids change in quinoas EBCs. In recent studies, the neutral glycerolipids triacylglycerols (TG) has been linked to heat stress, oxidative stress and salt stress (Barkla, Garibay-Hernández, et al., 2018; Fan et al., 2017; Higashi et al., 2015). In *M. crystallinum* neutral glycerolipids from the TG species decreased upon salt treatment, while in quinoa only one statistically responsive TG species increased upon salt and heat treatment. The EBCs of *M. crystallinum* enlarge substantially upon salt stress to accumulate the ions in their (Oh et al., 2015), therefore a remodelling of the cell wall might be necessary to accommodate this swelling (Barkla et al., 2018). A substantial swelling of quinoas EBCs has not been observed (**Supplementary Fig. 2**). A recent study suggests that quinoa plants without EBCs are severely damaged by UV-B irradiation, but did not display a NaCl or drought sensitivity (Imamura et al., 2020), which is in agreement with our findings.

In conclusion, we detected in the EBCs some metabolites that may have defensive effects, like saponins and oxalic acid and we detected betanin, which may be causing the pink colour of EBCs. However, in response to abiotic stress treatments, we observed only few changes of primary metabolites and lipids. The data of this study does not indicate a clear role of the EBCs in quinoa related to certain abiotic stress tolerance mechanisms. The results neither support the notion that EBCs comprise an external storage for toxic ions, nor do they appear metabolically highly active, as seen in other plants like *M. crystallinum* . Future studies may investigate if EBCs play a role in protecting the epidermis and the apical meristem from UV-B or mechanical damage or if they function as storage of metabolites, given the accumulation of sugars and organic acids.

Acknowledgements

Author contributions

SO, UR, DEJ, MT and SMS designed the research. HK, SO performed the experiments and acquired the experimental data. TR, HM, KHK, VL, SHAN, IK performed metabolomics analyses and respective data

analysis. SO, HK, NMA, DEJ and SMS integrated data analyses and contributed figures. All authors contributed to the interpretation of the data. MT, UR and SMS acquired funding. SO, HK, and SMS drafted the manuscript. All authors reviewed and approved the final manuscript.

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Table1: Identified secondary metabolites in EBCs of quinoa.

RT (min)	Formula	UV$_{max}$ (nm)	Tentative identification	[M+H]+ (m/z)	MS/MS fragment
			Flavonoids		
38.47	C26H26O17	256	Quercetin pentosyl-glucuronide	611.12341	MS^2[611.1]: 479.0
39.58	C21H18O13	256	Quercetin glucuronide	479.08155	MS2[479.1]: 303.0
40.11	C27H30O16	256	Quercetin rhamnosyl-glucoside	611.1601	MS^2[611.1]: 465.1
44.07	C21H18O2	264	Kaempferol glucuronide	463.0864	MS2[463.1]: 287.0
50.43	C30H26O13	n.d.	Kaempferol coumaroyl-glucoside	595.14337	MS2[595.1]: 309.0
45.27	C28H32O16	254	Isorhamnetin rhamnosyl-hexoside	625.1755	MS2[625.1]: 479.1
45.53	C22H22O12	n.d.	Isorhamnetin hexoside	479.11771	MS2[479.1]: 317.0
45.89	C22H20O13	254	Isorhamnetin glucoronide	493.0967	MS2[493.1]: 317.0
48.79	C28H32O16	256	Rhamnetin rhamnosyl-hexosid	625.17535	MS2[625.1]: 479.1
49.65	C22H20O13	256	Rhamnetin glucuronide	493.09695	MS2[493.1]: 317.0
			Betacyanins		
9.816	C30H34N2O19	534	Amaranthin	727.18164	MS2[727.1]: 389.0
12.61	C24H26N2O13	534	Betanin	551.15033	MS2[551.1]: 389.1
			Sterol		
43.62	C27H44O7	n.d	Ecdysterone	481.31531	MS2[481.3]: 463.3
			Saponins		
53.81	C47H70O21	n.d	Saponin I	988.47205 [M+NH4]$^+$	MS2[988.4]: 809.3

RT (min)	Formula	UV$_{max}$ (nm)	Tentative identification	[M+H]+ (m/z)	MS/MS fragment
56.01	C47H70O20	n.d	Saponin II	972.47736 [M+NH4]$^{+}$	MS2[972.4]: 747.4
56.505	C47H70O21	n.d.	Saponin II	972.47833 [M+NH4]$^{+}$	MS2[972.4]: 747.4
			Hydrocinnamic acids		
16.721	C15H18O8	n.d	Coumaroyl-glucoside	344.1336 [M+NH4]$^{+}$	MS2[344.1]: 309.0
22.34	C16H20O9	n.d	Feruloyl-glucoside	374,1442 [M+NH4]$^{+}$	MS2[374.1]: 212.0
26.37	C17H22O10	n.d	Sinapoyl-glucoside	404.15482 [M+NH4]$^{+}$	MS2[404.1]: 225.0

Figure legends

Figure 1. Epidermal Bladder Cells (EBCs). EBCs (A) on quinoa leave surface and (B) on stem. (C) EBCs consist of highly vacuolated bladder cells attached to a narrow short stalk.

Figure 2: Response of *C. quinoa* to abiotic stresses.

(A) Change in plant height; (B) biomass, (C) total leaf area and (D) the Na concentration. Significant differences were analysed using ANOVA followed by Tukey HSD. Significantly different samples are indicated by letters. HL: high-light, WD: water deficit. E) Photographs of representative plant exposed to abiotic stresses. Plants were photographed with the same camera setting using a black velvet background, for this figure the pictures were cropped into one image and background removed. Scale bar indicates 10 cm.

Figure 3: Primary metabolome analysis of quinoa EBCs under stress treatment. 64 primary metabolites, categorized in 5 groups, were measured by GC-MS. (A) PCA Scoresplot displaying the similarities and dissimilarities between metabolite profiles of EBCs of all stressed plants. Plots generated by MetaboAnalyst. Water deficit treatment is not shown as statistical analysis could not be performed on just two biological replicates. (B) The bar chart represents the percentage of changed metabolites per category and stress treatment. (C) Log2-fold changes of primary metabolites for heat, cold and high-light treated quinoa plants. Fold changes were calculated by dividing the concentration of the stress-treated plants to the concentration of the control plants after six days, then log2-transformed. Significance of difference was determined by Benjamini and Hochberg method with false discovery rate (FDR)-adjusted p -value of 0.05 as the cut-off and marked by an asteriks. *Orange* significant decrease, *Green*significant increase. There were three biological replicates (n= 3). The data is representative of two experimental replicates.

Figure 4: Lipid analysis of quinoa EBCs under stress treatment . 240 lipids, categorized in four major groups and >4000 untargeted features were measured by LC-MS. (A) PCA Scoresplot displaying the similarities and dissimilarities between targeted lipid profiles of EBCs of all stressed plants. Plots generated by MetaboAnalyst. (B) PCA Scoresplot displaying the similarities and dissimilarities between untargeted lipid profiles of EBCs of all stressed plants. Plots generated by MetaboAnalyst. (C) Log$_2$-fold changes of some targeted lipids (showing a significant change) for heat and salt-treated quinoa plants. Fold changes were calculated by dividing the concentration of the stress-treated plants to the concentration of the control plants after six days, then log$_2$-transformed. Significance of difference was determined by Benjamini and Hochberg method with false discovery rate (FDR)-adjusted p -value of 0.05 as the cut-off and marked by an asteriks. *Orange* significant decrease, *Green*significant increase. There were three biological replicates (n= 3). The data is representative of two experimental replicates.

Figure 5: Secondary metabolome analysis of quinoa EBCs under stress treatment. 1600 features analysed by untargeted LC-MS. 19 features identified and categorized in 5 groups. (A) PCA Scoresplot displaying the similarities and dissimilarities between untageted secondary metabolite profiles of EBCs of all stressed plants. Plots generated by MetaboAnalyst. (B) Log2-fold changes of the identified secondary metabolites for heat, cold, high-light, water deficit and salt-treated quinoa plants. Fold changes were calculated by dividing the concentration of the stress-treated plants to the concentration of the control plants after six days, then log2-transformed. Significance of difference was determined by Benjamini and Hochberg

method with false discovery rate (FDR)-adjusted p-value of 0.05 as the cut-off and marked by an asteriks. There were three biological replicates (n= 3). The data is representative of three experimental replicates.

Supplementary Figures Legends

Supplementary Figure 1: Primary metabolome analysis of quinoa EBCs under stress treatment. PCA Biplot displaying features influencing the stress treated sample. Plots generated by MetaboAnalyst. Water deficit treatment is not shown as statistical analysis could not be performed on just two biological replicates. There were three biological replicates (n= 3). The data is representative of two experimental replicates.

Supplementary Figure 2: Microscopy images of bladders from plants under A) control; B) heat; C) cold; D) high-light; E) water deficit and F) salt treatment. Scale bar indicates 1000 μm. Concentration of G) Na and H) K in bladders of quinoa.

Supplementary Tables

Supplementary Table S1: List of primary metabolites detected in *C. quinoa*

Supplementary Table S2: List of targeted lipids detected in *C. quinoa*

Supplementary Table S3: List of untargeted lipids detected in *C. quinoa*

Supplementary Table S4: List of secondary metabolites detected in

C. quinoa