

Red Blood Cell Distribution Width in Patients with Chronic Obstructive Lung Diseases: Alteration due to Severity of Exacerbation

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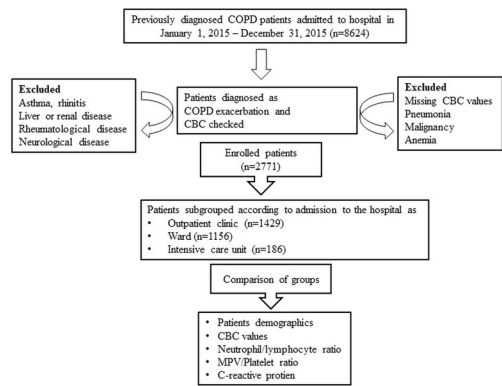
Abstract

Background: Elevated red blood cell distribution width (RDW) levels were associated with mortality in patients with stable chronic obstructive lung diseases (COPD). There are limited data about RDW levels in COPD exacerbation. **Aim/Objective:** The association of the RDW levels with the severity of the acute exacerbation of COPD (AECOPD) were evaluated according to admission location, (outpatient-clinic, ward and intensive care unit (ICU)). **Methods:** Cross sectional retrospective study designed in tertiary chest diseases hospital. COPD patients admitted to hospital outpatients-clinic, ward and ICU due to AECOPD were included. Patients demographics, RDW, C-reactive protein (CRP), biochemistry values were recorded. RDW values were subdivided below 0.11% (low), above and equal 0.15% (high) and between 0.11-0.15% (normal). Neutrophile to lymphocyte ratio (NLR) and platelet to mean platelet volume (PLT-MPV) were also calculated. Recorded values were compared according to where AECOPD was treated. **Results:** 2771 COPD patients (33% female) and 1429 outpatients-clinic, 1156 ward and 186 ICU were enrolled in the study. The median RDW values in outpatients-clinic, ward and ICU were 0.16 (0.09-0.26), 0.07 (0.01-0.14) and 0.01 (0.00-0.07) respectively ($p<0.001$). In outpatient to ward and ICU, low RDW values were significantly increased (31%, 66%, 83% respectively) and high RDW values significantly decreased (54%, 24%, 10%) ($p<0.001$). According to attack severity, low RDW values were determined. **Conclusion:** Patients with AECOPD, lower RDW values should be considered carefully. Lower RDW can be used for decision of COPD exacerbation severity and follow up treatment response. What is already known about this topic; In current studies, elevated RDW levels were associated with mortality in patients with stable COPD. What does this article add; Currently, there are limited data about RDW levels in COPD exacerbation. In the present study, the association of the RDW levels according to the severity of AECOPD were evaluated due to admission location.

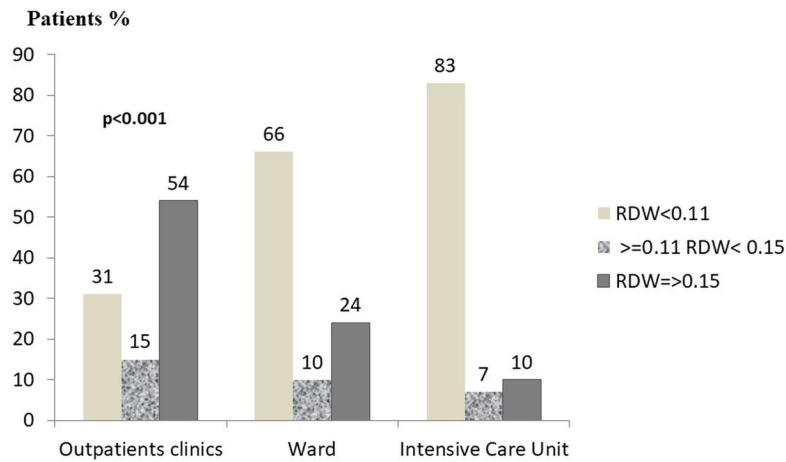
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Red blood cell distribution in patients with acute exacerbation of chronic obstructive pulmonary disease



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Table 1.docx available at <https://authorea.com/users/418226/articles/525042-red-blood-cell-distribution-width-in-patients-with-chronic-obstructive-lung-diseases-alteration-due-to-severity-of-exacerbation>

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Table 2.docx available at <https://authorea.com/users/418226/articles/525042-red-blood-cell-distribution-width-in-patients-with-chronic-obstructive-lung-diseases-alteration-due-to-severity-of-exacerbation>