

**Table 2. Descriptive statistics of the indices**

|   |                                 | $\bar{X} \pm ss$ | %95 Lower- Upper |
|---|---------------------------------|------------------|------------------|
| <b>Generalized Anxiety Disorder-7 (GAD-7)</b>       | No anxiety (0-4)                | 2.32±1.39        | 2.09 – 2.56      |
|   | Moderate anxiety (5-9)          | 6.52±1.27        | 6.26 – 6.78      |
|   | High anxiety (10-14)            | 11.90±1.46       | 11.45 – 12.36    |
|   | Severe anxiety (15-21)          | 17.71±2.18       | 17.02 – 18.39    |
| <b>Insomnia Severity Index (ISI)</b>                | Insignificant insomnia (0-7)    | 4.89±1.56        | 4.66 – 5.13      |
|   | Lower threshold insomnia (8-14) | 10.27±1.93       | 9.89 – 10.64     |
|   | Moderate insomnia (15-21)       | 17.14±1.94       | 16.39 – 17.88    |
|   | Severe insomnia (22-28)         | 24.00±0.00       | 24.00 – 24.00    |
| <b>Perceived Organizational Support Index (OSI)</b> |                                 | 40.08±10.85      | 38.87 – 41.29    |
| <b>Coworker Support Index (CDI)</b>                 |                                 | 34.91±8.31       | 33.98 – 35.83    |