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Title: Targeting T-cell immunometabolism during transplantation

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36 **ABSTRACT:**

37 The balance between the immune system and its metabolism is becoming an effective therapeutic
38 alternative in various inflammatory diseases, including organ transplantation. The interaction between
39 the immune and metabolic pathways play a critical role in dictating disease pathology and
40 progression, and the differences in the bioenergetic demands between immune cells enable them to
41 differentiate into effector and regulatory cells. Recent studies have suggested that changes in
42 intracellular metabolic programs control T cell proliferation and differentiation into T effector (Teffs) or
43 T regulatory cells (Tregs), and metabolic differences between Tregs and Teffs help shift the balance
44 toward a more specific immune tolerance in organ rejection. Controlling the fate of naïve T cells by
45 metabolites (cellular metabolism) rather than the more toxic molecular interventions are of great
46 interest in cancer, autoimmunity, and organ transplantation. In this review, we discuss major
47 metabolic pathways that influence the proliferation, differentiation, and stability of Tregs to rescue
48 organ transplants from associated injuries and chronic rejection.

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51 **Keywords:** Immunometabolism, Regulatory T cells, Immunosuppression.

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58 **BACKGROUND:**

59 The metabolic programs of immune cells provide an opportunity for different immune cells to
60 differentiate into effector or regulatory cells. Targeting the metabolism of immune cells with metabolic
61 inhibitors is a new approach in immunosuppression. Therefore, selective inhibition of basic metabolic
62 pathways, which are necessary for all healthy cell survival, can still show selectivity toward immune
63 cells. It all depends on the degree of reliance on immune cells on those pathways. The delicately
64 balanced interplay between protective immunity and inflammatory conditions is critical for the
65 activation/differentiation of various immune cells. During encountering antigens presented by antigen-
66 presenting cells (APCs) and receiving appropriate co-stimulatory signals, naïve T cells activate
67 downstream metabolic reprogramming for rapid cell growth and proliferation to sustain specific
68 immune cell effector functions. Immunometabolism provides a greater room for a therapeutic window
69 in transplantation settings and autoimmune disease treatment. Furthermore, liver kinase B1 (LKB1) is
70 an important upstream kinase that could be regulated to strengthen the stability of Tregs, and their
71 signaling can be co-regulated to enhance the stability of Tregs. Notably, LKB1 is a metabolic
72 regulator that coordinates cellular metabolism and immune cell functions. Recent work has
73 demonstrated that modulating Treg function by targeting metabolic pathways and LKB1 signaling in
74 models of transplantation and inflammatory diseases do not cause any visible toxicity, which
75 advocates this strategy as a new therapeutic intervention for treating inflammatory diseases.

76

77 **IMMUNOMETABOLISM:**

78 Immunometabolism has emerged as one of the exciting areas in the field of translational research.
79 More recently, the role of cellular metabolism in the development and function of immune cells in
80 healthy and diseased individuals has been described in diseases such as cancer, autoimmunity, and
81 organ transplantation. Metabolic reprogramming to distinct T cell subsets is the center for appropriate
82 T cell differentiation and function [1-3]. In this line, T cells use many different metabolic pathways to

83 generate ATP for their survival and boost numerous molecular biosynthetic precursors production for
84 their proper proliferation and differentiation [4]. These metabolic pathways entail diverse end
85 products, but they are interconnected on shared fuel ground. For example, fatty acid synthesis
86 pathway is dependent on the availability of intermediate products from the glycolysis and tricarboxylic
87 acid (TCA) cycle metabolism.

88

89 **CELL ENERGY:** Cells mostly use glucose as the source of energy; however, few cells use fatty acids
90 or amino acids as the source of energy depending on their energetic demands [5-7]. Typically, the
91 cell allows the uptake of these energy-rich molecules through glycolysis and enter the TCA cycle, and
92 the electron transport chain (ETC) to produce ATP [8, 9]. Glycolysis involves the uptake of
93 extracellular glucose into cells through the glucose transporter 1 (GLUT1) and subsequent conversion
94 into pyruvate along with numerous other products inside the cytosol [10]. This glucose metabolism is
95 a relatively inefficient pathway in terms of cellular ATP production; however, it allows cells to reduce
96 NAD^+ into NADH, which is subsequently used by various enzymes as a cofactor and enables the
97 diversion of metabolic intermediates to biosynthetic growth pathways to support anabolic growth [11,
98 12]. The TCA cycle occurs in the mitochondrial matrix and it uses pyruvate as a substrate [13], which
99 is converted into acetyl coenzyme A (CoA) to generate energy-rich electron carriers NADH and
100 FADH_2 . These electron carriers transport electrons through oxidative phosphorylation (OXPHOS) to
101 the inner mitochondrial membrane into the ETC to generate a hydrogen gradient required for the
102 synthesis of ATP [14]. Besides, the fatty acid oxidation (FAO) pathway, which is a key catabolic
103 pathway for energy production, involves the mitochondrial conversion of fatty acids into several
104 products that are subsequently used by the cell to generate energy using fatty acids instead of
105 glucose [7]. Activation of the fatty acid is the first step of FAO to occur in the cytosol that generates
106 acetyl-CoA, which then enters the TCA to generate electron carriers, and then enter the ETC to
107 generate energy [15]. In the context of immunity, a high rate of glucose metabolism has been found

108 in lipopolysaccharide (LPS)-activated macrophages and dendritic cells (DCs), activated natural killer
109 (NK) cells, activated effector T cells, and activated B cells [16-20]. Indeed, this upregulation of
110 glycolysis in immune cells can be considered a hallmark metabolic change for immune cells that are
111 undergoing rapid activation, explicitly in response to stimulation of pattern recognition receptor (PRR),
112 cytokine receptors, or antigen receptors. Aerobic glycolysis has been associated with inflammatory
113 and rapidly proliferating immune cells; however, dependency on FAO has been observed in many
114 non-inflammatory immune cells and show raised cellular lifespans, including M2 macrophages, Tregs,
115 and memory T cells [7, 21-23]. In contrast to FAO, fatty acid synthesis regulates the generation and
116 activation of pro-inflammatory immune cells. Therefore, inflammatory signal leads to fatty acid
117 synthesis of inflammatory immune cells, whereas tolerogenic stimuli drive FAO of non-immune cells.
118 Moreover, activated T cells also use few amino acids, especially glutamine metabolites to generate α -
119 ketoglutarate as a substrate of the TCA cycle to generate energy, and most importantly, through the
120 mTOR pathway for sensing amino acid levels inside the cell and for nucleotide synthesis [24-26].

121 **T CELL ENERGY:** The metabolic pathways described above play a significant role in determining T
122 cell functional outcomes. Undifferentiated naïve T cells rely on mitochondrial OXPHOS for energy, as
123 well as on extrinsic cell signals such as IL-7 to maintain energy for immune surveillance before
124 activation [3]. Upon activation, a substantial change in the metabolism of naïve T cells allows them to
125 differentiate into various Teff cells. Teffs such as activated CD4⁺ and CD8⁺ T cells depend on aerobic
126 glycolysis for their bioenergetic demands due to the need for a rapid immune response [27]. In
127 contrast to Teffs, Tregs use lipid metabolism instead of glycolysis [28] and mainly rely on OXPHOS
128 generating long-lasting energy. Memory T cells (Tmem) also depend on OXPHOS for energy and
129 have a high mitochondrial mass to generate energy rapidly in secondary exposure to the same
130 antigen. Therefore, Treg and Tmem rely on OXPHOS, fatty acid oxidation (FAO), for their energy
131 demand, and express low levels of Glut1 and high rate of lipid oxidation that strengthen their
132 dependency on FAO [28, 29]. As stated earlier, Teffs (Th1, Th2, and Th17) cells need glycolysis and

133 to a lower extent rely on OXPHOS for their energy requirements and express high levels of Glut1 that
134 underpins their highly glycolytic nature [30]. Subsequent research studies demonstrated that Tregs
135 have elevated expression of FAO related genes, including carnitine palmitoyltransferase 1A (CPT1A),
136 compared to Th17 cells [31]. Recent research shed new light that, engagement of the inhibitory pro-
137 grammed cell death 1 (PD1) receptor on T cells with its ligand PD-L1 resulted in enhanced
138 expression of CPT1A and elevated FAO. Hence, this engagement of PD1 prevents effector cell
139 development [32]. Notably, PD1 is a crucial regulator of immune homeostasis, and its engagement
140 increases the longevity of T cells in an oxidative environment. In marked contrast, cytotoxic T
141 lymphocyte antigen 4 (CTLA4) inhibits glycolysis without augmenting CPT1A and FAO. Under normal
142 conditions, Teffs cells downregulate FAO during their activation process and enhance fatty acid
143 synthesis for their growth [27]. This downregulation of FAO by Teffs is attributed to Teffs cell function
144 inhibition and enhanced immune tolerance by FAO. Moreover, the glycolytic-lipogenic pathway and
145 glutamine metabolism are used to fuel mitochondrial OXPHOS through the TCA cycle as an
146 alternative input for the TCA cycle to support ATP production. It is mainly associated with Teffs
147 differentiation through the mTOR pathway [33], which is the central player of CD4 T cells
148 differentiation [34]. These different metabolic programs are properly adjusted to facilitate the energy
149 production required for each distinct T cell subset. Glycolysis, OXPHOS, and glutaminolysis, are
150 intertwined and properly managed to fulfill the bioenergetics demand of immune cells for proper
151 proliferation and differentiation (**Figure 1**). Collectively, these studies indicate key roles of metabolic
152 programming in determining T-cell fate and function along with other signals such as the strength of
153 TCR stimulation, inflammatory cytokines and transcriptional factors [35, 36].

154 **REGULATORY T CELLS AND EFFECTOR T CELLS METABOLISM:** Tregs are a subset of CD4⁺ T
155 cells that play a vital role in maintaining immunological homeostasis, preventing autoimmunity, and
156 graft rejection due to their potent immunosuppressive and reparative activities [37-41]. To accomplish
157 these multiple roles in control of the disproportionate inflammatory response and tissue injury Treg

cells express various effector molecules for their activation and stability [42]. Tregs have two main subsets, thymus-derived natural Treg (nTreg) and peripherally (induced) derived Treg (iTreg) cells. iTregs are generated at peripheral sites from naïve T cells after TCR stimulation with the presence of TGF- β , or they can arise from conventional effector T cells [43].

In transplantation, donor-specific tolerance is a crucial parameter for a high survival rate, which could be achieved by increasing Tregs or by suppressing donor reactive T cells. Therefore, the differences in the metabolism between effector and regulatory T cells make immunometabolism a promising therapeutic intervention that could allow for a more specific immune tolerance in the field of transplantation[44]. Numerous preclinical models of autoimmune diseases and transplantation have shown that Treg cells maintain peripheral tolerance after tissue injury and exposure to intracellular antigens or alloantigen [45]. Various T cells adjust their metabolic programming to meet the energetic demands necessary for their cellular functions. As discussed in the earlier section, for respiration, a naïve T cell mainly depends on OXPHOS, and later on, upon antigen encounter, T cell activates aerobic glycolysis necessary for effector cytokine production [44, 46]. Activated T cells use aerobic glycolysis as a fast generating energetic mechanism to satisfy the immediate energetic demands for proper proliferation and differentiation. This use of aerobic glycolysis by T cells was first described by Otto Warburg in cancer cells and hence is known as the Warburg effect [47]. The two main subsets of T cells (CD4⁺ and CD8⁺ T cells) show many similarities in their activation. Both activated subsets enhance their dependency on glycolysis and increase Glut1 expression for glucose uptake; however, they have different metabolic phenotypes. CD8⁺ T cells rely on glycolysis less than CD4⁺ T cells due to diminished glycolytic enzyme expression [48, 49]. Alternatively, CD4⁺ T cells display a marked increase in mitochondrial mass as compared to CD8⁺ T cells, while CD8⁺ T cells show greater dependency on OXPHOS for cytokine production [50]. Activated CD4⁺ T cells differentiate into T effs (Th1, Th2, or Th17 cells) by triggering different metabolic pathways downstream of the TCR and by the availability of essential metabolites.

183 Tregs have crucial metabolic variances compared to CD4⁺ T effector cells, as Tregs depend on
184 glycolysis for their clonal expansion only, but not for their differentiation. Tregs also utilize FAO for
185 their differentiation, unlike Teffs cells [51, 52]. Furthermore, Tregs depend on OXPHOS for
186 proliferation and steady, long-lasting suppressive functions as seen in Tmems [23, 28]. In Tregs,
187 FOXP3 expression must use fatty acids, upregulate ETC, and ATP generation through OXPHOS.
188 Moreover, FOXP3 initiates increased fatty acid β -oxidation, which results in the selective protection of
189 FOXP3⁺ cells from fatty acid-induced cell death [53]. This phenomenon is crucial to provide a key
190 target for modulating Treg function and selection in clinical settings. Recent findings have identified
191 an inverse relation for the metabolic phenotype in mouse Tregs and human Tregs. In murine models,
192 iTregs displayed low glycolytic rates. Whereas, human iTregs, preferentially use glycolysis for their
193 development and function because of enolase-1 suppresses the transcription of the exon 2-
194 containing FOXP3 splicing variant unless engaged in glycolysis [31, 54].

195 The metabolic profiling of T cell subsets also reveals their dependency on glycolysis or OXPHOS.
196 The enzyme pyruvate dehydrogenase (PDH) has been found as a central node in the programming of
197 T cells to use either glycolytic or oxidative metabolism for their differentiation. Indeed, pyruvate
198 metabolism plays a crucial role in Teffs and Tregs conversion. The enzymatic activity of PDH is
199 inhibited by PDH kinases (PDHKs). PDHKs are highly expressed on Th17 cells, but not on Th1 cells
200 and at low levels in Tregs under the influence of HIF1- α [2, 55-57]. Inhibiting PDHK1 with specific
201 inhibitors such as dichloroacetate, which promotes oxidative phosphorylation selectively suppresses
202 Th17 cells therefore favors Tregs generation. This suppression causes the production of reactive
203 oxygen species (ROS), and treating with ROS scavengers such as N-acetyl cysteine (NAC) restore
204 Th17 cell generation [2].

205 Lipids, especially short-chain fatty acids, are a preferential source of acetyl groups for histone
206 acetylation and epigenetic reprogramming. FAO reprogram cellular metabolism and is also the

primary source of lipid-derived acetyl-CoA [58]. A recent finding shows that post-translational modifications such as acetylation, ubiquitination, and phosphorylation control FOXP3 expression, therefore, FAO supports the immunosuppressive function of Treg by regulating histone acetylation in the FOXP3 locus [59, 60](73,74), which stabilize the FOXP3 expression [61, 62] (**Figure 1**).

In addition to glucose and fatty acids, cells also utilize glutamine and leucine amino acids, which play a vital role in Treg's differentiation. CD4⁺ T cells deprived of glutamine differentiate into Tregs in- vitro condition [63]; however, iTregs show less dependency on amino acids for their energy requirements [64]. Glutamine metabolism involves the influx of glutamine in the TCA-cycle in the form of α -ketoglutarate. This intermediate encourages Th1 cell differentiation by enhancing the expression of the inflammatory transcription factor T-bet [28, 64]. The deletion of neutral-amino-acid transporter genes (Slc7a5 and Slc1a5 (also known as ASCT2) reduce glutamine uptake, glucose metabolism, and overall Treg's differentiation, however, it does not affect the generation of iTregs [65, 66]. These metabolic variances show that Tregs have less dependency on amino acid metabolism for producing energy compared to Tregs.

Similarly, the metabolic by-products of tryptophan, such as kynurenine, triggers iTreg proliferation by its binding to the aryl hydrocarbon receptor [67, 68]. However, iTregs in the absence of tryptophan can activate the amino-acid-starvation sensor GCN2 (general control nonderepressible-2) kinase that inhibits Th17 cell differentiation [69, 70] and supports Treg stability. It has been reported that Tregs upregulate amino-acid-consuming enzymes including ARG1 (arginase 1), HDC (histidine decarboxylase), TDH (threonine dehydrogenase), and IL4I1 (interleukin-4 induced 1) in skin graft as compared to fresh skin to induce tolerance. These findings suggest that Tregs can modulate the concentration of essential amino acids and their catabolic products in the intrinsic cell milieu through the activation of amino acid starvation sensors [69]. In this way, Tregs trigger suppression through amino acid starvation and limit the pathology during the normal immune response.

231 The tumor microenvironment poses metabolic hurdles such as hypoxia, low glucose, and high lactate
232 concentration, meanwhile tumor cells require immune tolerance to evade host immunity. The
233 upregulation of lactate impairs effector, and cytotoxic T cells function through LDH-mediated NAD
234 depletion. However, Tregs resist this environment through FOXP3 expression[71], which acts as an
235 intrinsic metabolic regulator that suppresses mTOR- and Myc- signaling pathways that activate-
236 glycolysis while enhancing OXPHOS and NAD⁺/NADH generation and levels of FAO. These
237 metabolic adaptations in Tregs allow them to sustain in severe inflammatory microenvironments
238 without affecting their function, survival, and suppression, which is vital to maintain peripheral immune
239 tolerance [53, 71, 72]. Additionally, tumor-infiltrating Tregs frequently display substantially
240 upregulated expressions of co-inhibitory receptors, such as T cell immunoreceptor with
241 immunoglobulin and ITIM domains (TIGIT), lymphocyte activation gene 3 (LAG3), neuropilin 1
242 (NRP1), PD1, and CTLA4, to sustain stable FOXP3 activity, FOXO1 nuclear localization and higher
243 levels of suppressive function [73].

244 Under inflammatory conditions, such as in transplantation settings or autoimmunity, Tregs lose their
245 suppressive function and convert into effector cells that produce pro-inflammatory cytokines (IFN γ , IL-
246 17, IL-4) and have increased expression of associated master regulator transcription factors (such as
247 T-bet, IRF4, and ROR γ t, or IRF4 and GATA3). This functional impairment of Tregs causes loss in
248 FOXP3 expression as well as hyperactivation of the inflammatory PI3K pathway [72]. In addition, co-
249 inhibitory receptors that include CTLA-4 and PD-1 inhibit glycolysis in activated T cells by inhibiting
250 the PI3K signaling pathway [32]. PD-1 ligation promotes FAO through increased expression of the
251 rate-limiting enzyme of FAO (CPT1A), while CTLA-4 inhibits glycolysis without augmenting CPT1A or
252 FAO, and hence maintain immune quiescence as discussed earlier [32]. Of note, CPT1A (carnitine
253 palmitoyltransferase 1A) potentially increases FAO and ATP production in iTreg cells [74, 75]. This
254 metabolic inhibiting properties of CTLA-4 and PD-1 allows iTregs for proper function and stability in
255 the suppression of unwarranted immune responses and hemostasis in inflammatory condition.

256 IMMUNOMETABOLIC REGULATION OF TREGS:

257 Signaling networks, for instance, PI3K/Akt, mTOR-HIF-1 α axis, and LKB1–AMPK pathways regulate
258 the metabolism of immune cells, especially in T cells. Here we focus on liver kinase B1 (LKB1)
259 protein that restrains the activation and pro-inflammatory function of T cells. LKB1 is a bioenergetic
260 sensor that is expressed by the serine-threonine kinase 11 (STK11) gene and regulates cell polarity
261 and function [76, 77]. It is an important upstream kinase that phosphorylates AMP-activated protein
262 kinase (AMPK) that contributes to T cell differentiation and function and for maintaining functional
263 fitness of Tregs [78]. MacIver et al. have reported that LKB1-AMPK signaling negatively regulates T
264 cell effector function through the regulation of mTOR activity (80). Of note, later studies have reported
265 that the LKB1 signaling pathway promotes OXPHOS and FAO to maintain Treg survival and function.
266 Furthermore, Nanhai et al. reported that LKB1 is crucial for maintaining cellular metabolism and
267 energy homeostasis in Tregs and this metabolic phenotype is independent of AMPK and mTOR
268 signaling pathways [79, 80]. Nanhai et al. work and other preclinical studies have shown that the
269 deletion of the LKB1 gene in Treg causes loss of Tregs number and function and leads to impaired
270 cellular metabolism in Tregs and uncontrolled immune activation. Contrary to this, the catalytic
271 subunit deletion of AMPK in Tregs does not cause any abnormalities in the murine model. These
272 findings are similar to those mice having mutations or deletion of FOXP3, which further advocates the
273 importance of LKB1 in Treg cell metabolism [75, 79-82].

274 LKB1 stabilizes FOXP3 expression in Tregs that maintain immunological self-tolerance and
275 homeostasis [75]. Di Wu *et al.* have reported that LKB1 governs Treg survival and its lineage identity
276 [75]. T cell's specific deletion of LKB1 causes a halt in Treg regulatory function that leads to impaired
277 immune responses [75, 82]. Moreover, LKB1 deficient Tregs have been characterized by defective
278 mitochondria, compromised OXPHOS, depleted cellular ATP, and altered cellular metabolism
279 pathways [80]. Treg-specific deletion of LKB1 leads to the development of fatal autoimmune

inflammation [75, 83], and causes disrupted Treg survival and reduced mitochondrial mass, its membrane potential, and increased the generation of ROS [79, 80, 84]. Mechanistically, LKB1 deficiency causes the diminished release of intracellular ATP and induces aberrant expression of immune regulatory molecules such as PD-1, and TNF receptor GITR, and OX40 [79, 85-88]. Yang K et al. in his classic work has been reported that LKB1 function in Tregs does not depend on AMPK signaling or the mTORC1–HIF-1 α axis as described earlier, however, it depends on LKB1- β -catenin signaling to regulate PD-1 and TNF receptor proteins such as GITR and OX40 expression on Treg cell [9, 21, 79]. β -catenin is a key mediator of Wnt signaling and suppresses the aberrant expression of PD-1 and GITR in Treg cells. LKB1 deficient Treg cells show the degradation of β -catenin. Briefly, these findings indicate the role of LKB1- β -catenin signaling in the control of Th2 response by modulating PD1 and other Treg signature molecules [79, 89].

It has been reported in many clinical studies that LKB1 is mutated in 20%–30% of NSCLC (Non-small-cell lung carcinoma) patients, which causes enhanced sensitivity to metabolic inhibitors or stress-induced mitochondrial dysfunction [90]. Further, Yang *et al.* have reported that Tregs need the LKB1 gene to manage their metabolic and immunological homeostasis function, and deficiency of LKB1 resulted in the apoptotic and functional exhaustion of Tregs [79]. Xiuhua Su *et al.* have demonstrated that Tregs from acute graft- versus- host disease (aGVHD) patients show an exhausted phenotype, which is characterized by the unstable FOXP3 expression, diminished suppressive functions, defective migration capacity, increased apoptosis, and downregulation of LKB1 expression [91]. In addition to maintaining suppressive activity, LKB1 maintain FOXP3 stability in Tregs by demethylation of conserved non-coding sequences (CNS2) at the FOXP3 locus [75] through the activation of signal transducer and activator of transcription 4 (STAT-4), and partially through suppressing nuclear factor- κ B (NF- κ B) signaling [92]. Meanwhile, LKB1 promotes Treg suppressor function by increasing the expression of various immunosuppressive genes by enhancing transforming growth factor- β (TGF- β) signaling. While the deletion of TGF- β leads to autoimmune

glomerulonephritis and impaired Treg activity [93], the TGF- β pathway is vital for nTreg and iTreg development [94, 95].

Treg cells exert their suppressive function in several different ways. One mechanism is through the LKB1 pathway that activates the mevalonate pathway, which is crucial for Treg functional fitness and stability [79]. This pathway also activates its metabolite geranyl pyrophosphate (GGPP), which phosphorylates STAT-5 via IL-2 signaling and subsequently support Treg function and lineage stability. Activation of mevalonate genes by LKB1 is required for Treg proliferation and, thereby suppressing the interferon-gamma (IFN γ) and interleukin-17A (IL-17A) expression, which is independent of the AMPK signaling [79]. Furthermore, LKB1 induced the mevalonate pathway was also found to maintain intracellular cholesterol homeostasis [82, 96]. LKB1 signaling is key for Tregs to maintain their metabolic and immunological balance to curb apoptotic and functional exhaustion, thereby reinforcing homeostatic control of Tregs. Altogether, these preclinical investigations highlighted that LKB1 is a primary regulator of lipid metabolism in Tregs, which play a regulatory role in modulating Tregs suppressive activity and maintaining the phase of immunotolerance (**Figure 2**).

IMMUNOMETABOISM AS A THERAPEUTIC TARGET IN TRANSPLANTATION:

Organ transplantation is the last therapeutic approach used to treat end-stage organ failure. Current therapeutic approaches for organ rejection target overall immune suppression, which is associated with severe side effects, cancer, and mortality. However, targeting a more specific immune suppression has become more favorable in clinical settings to treat transplant rejection. The long term survival of transplanted graft is limited by surgical trauma and ischemic reperfusion injury (IRI). These unavoidable events trigger innate immune cell activation that eventually promote sterile inflammation. This prolonged inflammation causes immunometabolic rewiring especially after ischemia and IRI to fulfill oxygen demand. Ischemia or Hypoxia reduces OXPHOS and hence, induce tissue reliance on aerobic glycolysis [97]. This event enhances the production of pro-inflammatory cytokine

329 that subsequently leads to T cell activation . In fact,the metabolic requirements of Teffs and Tregs
330 and the conclusive role of Teffs/Tregs ratio have been crucial parameters to decide the fate of the
331 transplanted organ. These metabolic requirements could be used as a key tool in specific therapeutic
332 approaches to contain graft associated microvascular injuries and induce specific immune tolerance.
333 In alloimmune inflammation post-transplantation, donor immune cells rely less on lipid metabolism for
334 their energy requirements, whereas the recipient cell depends on aerobic glycolysis [70, 98].
335 Specifically, CD4⁺T cell activation in solid organ transplantation more closely resembles the classical
336 metabolic reprogramming that is seen during normal T cell activation [1].

337 It has been reported that inhibiting glycolysis by metabolic inhibitors such as 2DG (2-Deoxy-D-
338 glucose) and metformin (inhibits complex I of ETC) can considerably decrease [70] the glycolysis of
339 an activated Teff and their cytokine production [99-101]. These two drugs and 6-Diazo-5-oxo-L-
340 norleucine (DON), a glutamine analogue, has been reported to abolish the immune response. In
341 transplant settings, combined therapy such as 2DG, metformin, and DON could suppress the
342 proliferation of pathogenic Teff cells and promote the generation of antigen-specific Tregs; however,
343 combination therapy does not cause the global inhibition of immune responses; instead, it selectively
344 inhibits effector responses while promoting Treg responses based on differential metabolism of
345 immune cells resulted in a specific immune suppression [99]. This combinational therapy targets
346 explicitly allogeneic Teffs that cause graft rejection and keeps other immune cells and healthy tissues
347 relatively unharmed. This combined therapy reduces skin and heart allografts rejection through the
348 inhibition of allogeneic Teffs, and by stimulating Treg proliferation and activation [99, 102, 103].
349 Furthermore, metformin (AMPK agonist) and Soraphen A (acetyl-CoA carboxylase inhibitors)
350 enhance pTreg differentiation by inhibiting allogeneic Teffs in autoimmune mouse models of allergic
351 asthma and experimental allergic encephalomyelitis respectively (**Figure 3**) [57, 104-107].

352 Various strategies have been implemented to increase the numbers and potency of Tregs in vivo to
353 reduce the severity of graft rejection [108]. Besides targeting metabolic pathways, some studies have
354 also highlighted that the augmentation of the LKB1 pathway is immensely beneficial in reducing graft
355 rejection, and strategies that could activate the LKB1 pathway might be employed as a future
356 treatment in transplantation settings [91]. Some strategies such as overexpressing LKB1 in lentivirus
357 vectors and then use these vectors to create genetically reprogrammed Tregs and then the adoptive
358 transfer of these modified Tregs would be an attractive strategy to prevent or treat Graft vs Host
359 Disease (GVHD) [109]. It has been established that LKB1 downregulation in Tregs in a GVHD
360 pathological condition and this is significant for targeting LKB1-related pathways to treat GVHD. As
361 demonstrated in that, JQ1 (BET bromodomain inhibitor) enhanced the expression of LKB1, ATG5,
362 and LC3-II genes and resulted in the phosphorylation of AMPK, ULK1, and ATG14 in allografts. This
363 phosphorylation process has been reported to prolong heart allograft survival and inhibits the release
364 of inflammatory cytokines [109], which further supports the role of the LKB1 gene in graft survival.
365 Metabolic manipulation to Tregs and its expansion protocol holds tremendous promise in maintaining
366 Treg-based tolerance during inflammatory disorders. It has been reported that rapamycin causes
367 enhanced cell expansion and Treg stability [111]. In addition, recent progress in chimeric antigen
368 receptors (CARs) technology affects the metabolic properties of Tregs [112-114] and enhance the
369 specificity and functionality of Tregs [32, 115, 116]. It is an indirect strategy to modulate metabolic
370 pathways in a cell-type-specific manner. Thus, future studies should emphasize to use a combination
371 of antimetabolites with tolerance-inducing regimens such as co-stimulatory blockade or LKB1
372 pathway augmentation or modified Treg adoptive transfer to provide specific and effective long-term
373 graft acceptance.

374 **CONCLUSION:**

375 The role of immune signaling networks in immunometabolism is emerging as a promising area of
376 research, which could provide a valuable tool to redesign therapeutic options to contain allograft
377 rejection and the progression of chronic fibrosis. Here, we have discussed the critical roles of T cell's
378 energy generation, roles in immunomodulation, and the impact of immunomodulation on
379 transplantation. Altogether, the power of these metabolic signals contributes to the differentiation of
380 T effs; therefore, our understanding of the metabolic disparity among T-cell populations would open up
381 new avenues to design therapeutic strategies to prevent inflammatory-related diseases.

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386 **LIST OF ABBREVIATIONS:**

387 Teffs: T effector cells; Tregs: T regulatory cells; APCs: Antigen-presenting cells; LKB1: Liver kinase
388 B1;

389 TCA: Tricarboxylic acid cycle; ETC: Electron transport chain; GLUT1: Glucose transporter 1; ATP:
390 Adenosine triphosphate; NAD: Nicotinamide adenine dinucleotide; CoA: Coenzyme A; OXPHOS:

391 Oxidative phosphorylation; LPS: Lipopolysaccharide; DC: Dendritic cell; NK: Natural killer; PRRs:
392 Pattern Recognition receptor; FAO: Fatty acid oxidation; IL: Interleukin; CD: Cluster of differentiation;

393 Th: T helper cells; CPT1A: Carnitine Palmitoyltransferase 1A; PD1: Programmed cell death 1; nTreg:
394 natural Treg; iTreg: induced Treg; pTreg: peripheral Treg; PDH: pyruvate dehydrogenase; PDHKs:

395 PDH kinases; NAC: N-acetyl cysteine; GCN2: general control nonderepressible-2; ARG1: arginase 1;
396 HDC: histidine decarboxylase; TDH: threonine dehydrogenase; IL4I1: interleukin-4 induced 1; LDH:

397 lactate dehydrogenase; mTOR: mammalian target of rapamycin; TIGIT: T cell immunoreceptor with
398 immunoglobulin and ITIM domains; LAG3: lymphocyte activation gene 3; NRP1: neuropilin 1; CTLA4:

399 cytotoxic T lymphocyte antigen 4; AMPK: AMP-activated protein kinase; ROS: reactive oxygen
400 species; GTR: Glucocorticoid induced TNF receptor; HIF1- α : Hypoxia inducible factor 1- α ;

401 mTORC1: mammalian target of rapamycin complex 1; IRI: Ischemic reperfusion injury; aGVHD:
402 acute graft- versus- host disease; CNS2: conserved non-coding sequences; STAT4: signal

403 transducer and activator of transcription 4; NF- κ B: nuclear factor- κ B; TGF- β : transforming growth
404 factor- β ; GGPP: geranyl pyrophosphate; 2DG: 2-Deoxy-D-glucose; DON: 6-Diazo-5-oxo-L-

405 norleucine; ATG5: Autophagy related 5; LC3-II: light chain 3-II; ULK1: unc-51-like kinase 1; ATG14:
406 Autophagy Related 14; BET: Bromodomain and Extra-Terminal motif; PPP: Pentose phosphate

407 pathway.

408

409 **Consent for publication:** As per journal rules, I disclose that the work has not been published
410 or submitted for publication elsewhere, either completely or in part, or another form or language

411 **Availability of data and material:** Not applicable

412 **ACKNOWLEDGEMENTS**

413 The author thanks all research staff of the organ transplant research center at King Faisal Special
414 Hospital and Research Centre.

415 **Funding:** Not Available

416 Contributions: SK planned, and wrote the manuscript, MAK has been involved in writing, and revising
417 it critically for publication standards. TS and AA contributed to various editing work. AS and DB
418 provided the theme of the proposed research plan.

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420 **ETHICS DECLARATION**

421 Ethics approval and consent to participate: Not applicable.

422 Consent for publication: Not applicable.

423 Competing interests: The author declares that they have no competing interests.

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Figure legends

Fig.1 Factors that influences metabolic phenotype of inflammatory and anti-inflammatory immune cells towards anti-inflammatory phenotype: The various immune cell subtype reliance on distinct metabolic pathways to promote their survival, lineage subtype and function in the presence of several factors. mTOR-HIF1- α signaling axis promote inflammatory macrophages (M1) and effector T cells (Th1,Th2,Th17) proliferation and function through utilizing glycolysis, fatty acid synthesis and amino acid metabolism as a main energy source. Contray to this, Tregs, Tmem and M2 macrophages, which show a more tolerant phenotype, use the TCA cycle and fatty acid oxidation for their energy source under the influence of LKB1 signaling. Figure created with Biorender.com

Fig.2 LKB1 and AMPK Signaling allows metabolic programming in T cells: Concerning with low nutrient and energy status, the energy stress pathway kinases LKB1 and AMPK are triggered through TCR and CD28 co-stimulatory signals, with AMPK activity mainly triggered by most understood Ca^{2+} -CAMMK2 (calcium calmodulin kinase kinase 2) pathway. Bioenergetic fluctuations in cells such as deprivation of glucose or glutamine or elevation of AMP/ADP-to-ATP ratio, can also activate LKB1–AMPK signaling. The LKB1 cellular localization and post-translational modifications play an important role in its activity. The role of many upstream regulators of LKB1 signaling in T cells metabolic programming is still undiscovered. The activation of LKB1 promote mitochondrial fitness and increased mevalonate metabolism in Treg cells. The downstream kinase AMPK is the best-known kinase of LKB1. LKB1 is a critical metabolic regulator that regulates energy homeostasis in Tregs.

760 AMPK also promotes mitochondrial fitness by increasing mitochondrial mass. Figure created with
761 Biorender.com

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763 **Fig.3 Strategies to modulate metabolism to regulate T cell function in diseases:** The figure
764 provides a summary of strategies to pharmacologically target (green) metabolic pathways crucial for
765 T cells responses (black). This figure depicts the utilization of three key metabolic pathways namely
766 glycolysis, FAO and glutaminolysis for the treatment of experimental autoimmune encephalomyelitis
767 (EAE), multiple sclerosis (MS), rheumatoid arthritis (RA), systemic lupus erythematosus (SLE), and
768 transplantation. Figure created with Biorender.com

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Figures

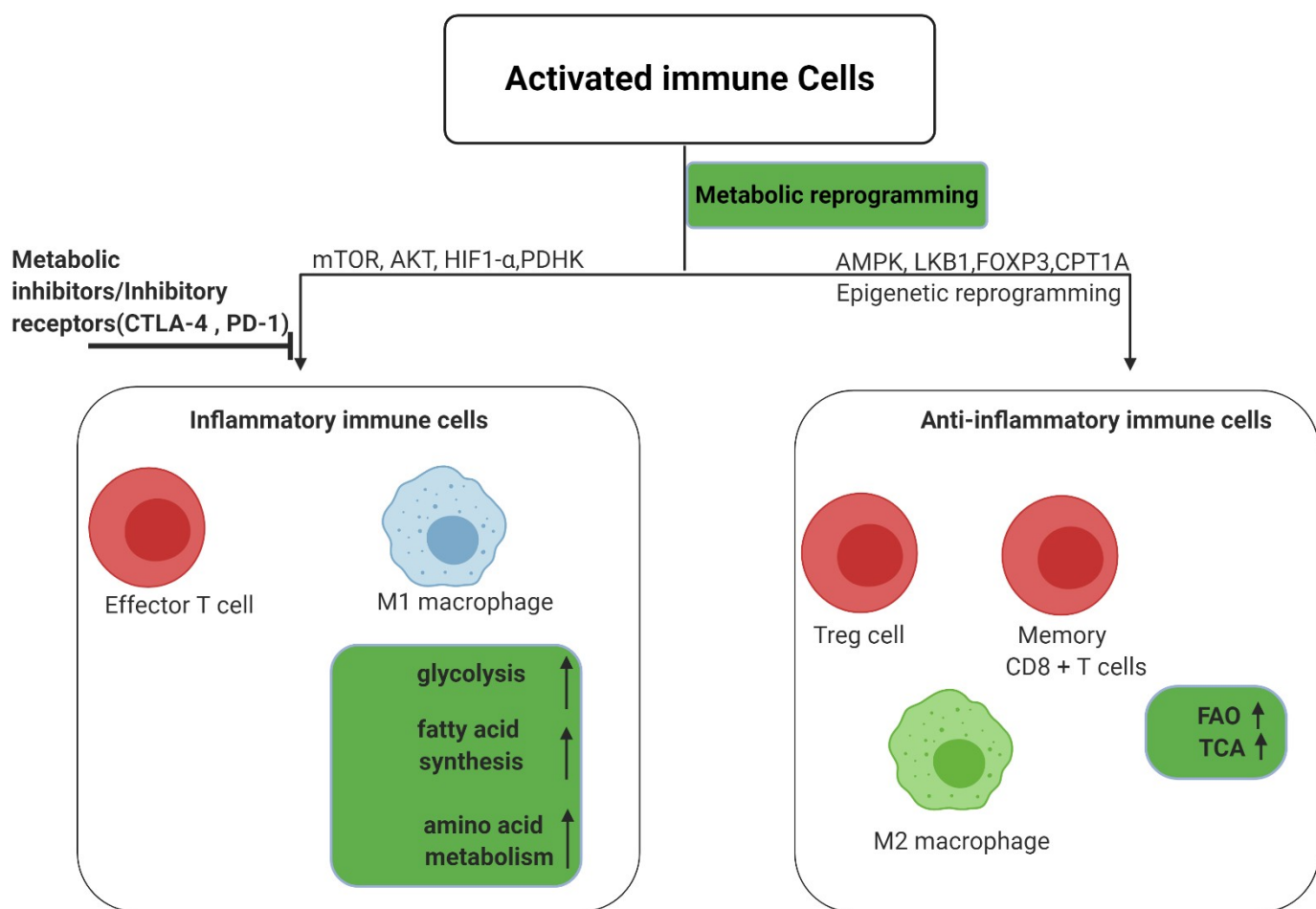


Fig.1 Factors that influences metabolic phenotype of inflammatory and anti-inflammatory immune cells towards anti-inflammatory phenotype

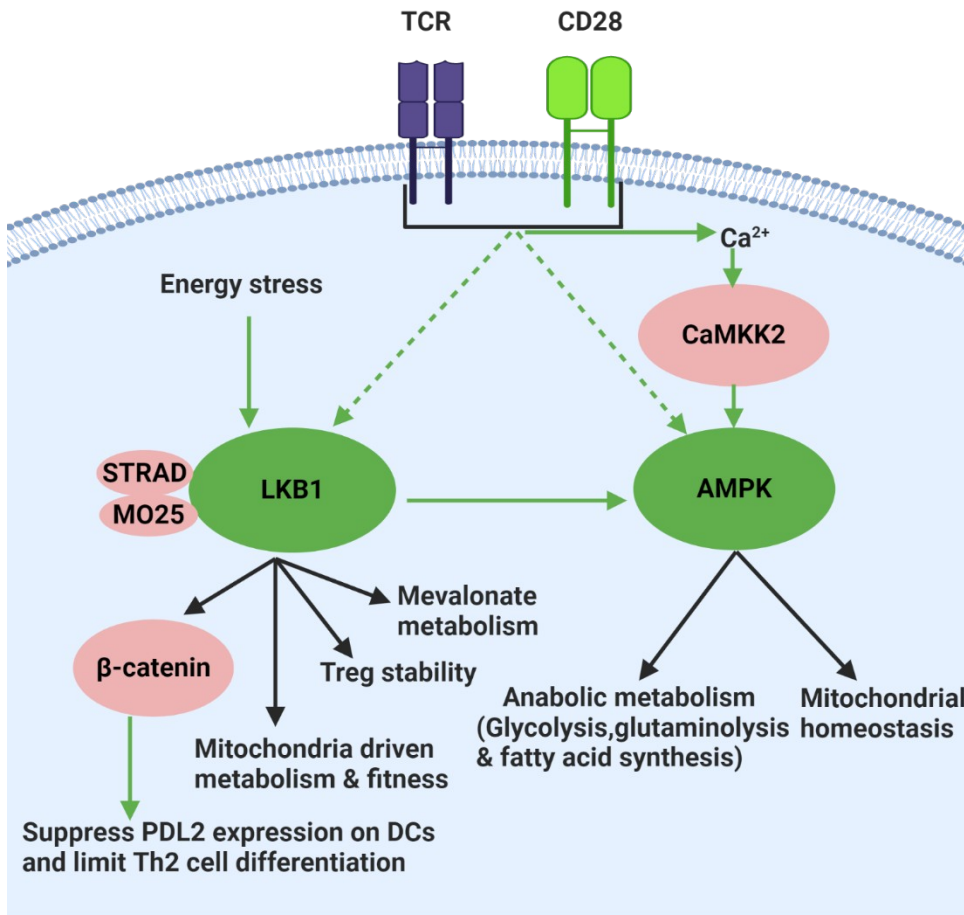
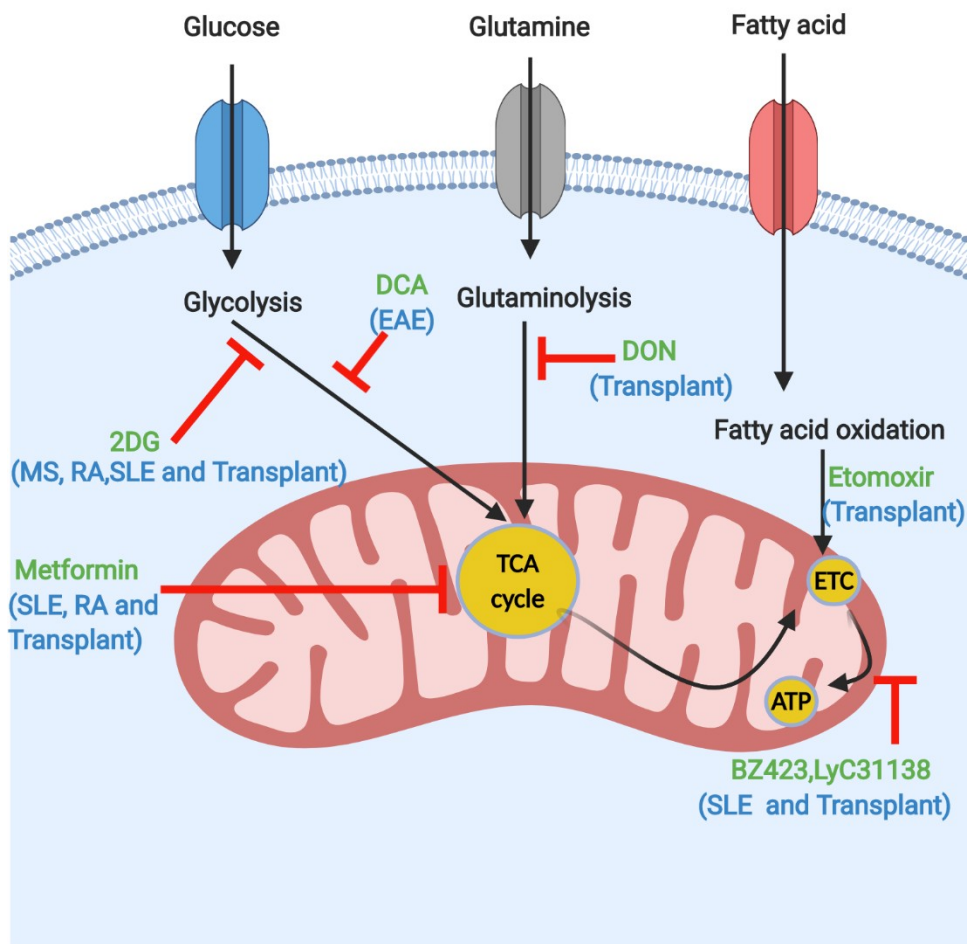


Fig.2 LKB1 and AMPK Signaling allows metabolic programming in T cells

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815 **Fig.3 Strategies to modulate metabolism to regulate T cell function in diseases**