

Table 2: VAS scores at certain time points and change in pain intensity at 15, 30, 45 and 60 minutes for each study arm.

VAS Scores	Heat band n = 51	Placebo n = 52	Difference of Medians or Means (95% CI)	p
Baseline VAS score, median (IQR)	90.5 (81.3-95)	86 (78-92)	2.0 (-6.0 to 1.0)	0.16*
VAS score at 15th min, median (IQR)	58 (51-64.8)	68 (59-77)	-10.0 (-15.0 to -5.0)	< 0.001*
VAS score at 30th min, median (IQR)	45.5 (36-54.8)	58 (49-70)	-14.0 (-20.0 to -9.0)	< 0.001*
VAS score at 45th min, mean \pm SD	34 \pm 11.4	56 \pm 18.9	-21.98 (-28.12 to -15.84)	< 0.001**
VAS score at 60th min, median (IQR)	24 (20.3-31.8)	49 (34-65)	-25.0 (-33.0 to -18.0)	< 0.001*
Difference between baseline and 15th min, median (IQR)	30.5 (23.3-39)	17 (10-27)	13.0 (9.0 to 18.0)	< 0.001*
Difference between baseline and 30th min, mean \pm SD	43.9 \pm 12.1	25.3 \pm 12.1	18.59 (13.88 to 23.3)	< 0.001**
Difference between baseline and 45th min, median (IQR)	57 (48.5-62)	31 (15-42)	25.0 (18.0 to 32.0)	< 0.001*
Difference between baseline and 60th min, mean \pm SD	64.3 \pm 13.9	35.2 \pm 16.7	29.01 (22.99 to 35.03)	< 0.001**

Data are expressed as mean \pm standard deviation (SD) or median (interquartile range), as appropriate.
CI: confidence interval.

* Mann-Whitney U test

** Independent sample t-test