

**Table 3.** Steaming time of *P. nagi* kernel, yield and oil quality

Steaming time (min)	5 min( $\pm 2$ )	10 min( $\pm 2$ )	15 min( $\pm 2$ )	20 min( $\pm 2$ )	25 min( $\pm 2$ )
yield	60%	65%	75%	90%	93%
quality	clear and transparent	clear and transparent	clear and transparent	clear and transparent	turbid