

	Randomization process	Deviations from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported result	Overall
Beigel et al ²²	+	+	+	+	+	+
Cao et al ³⁴	+	+	+	+	+	+
Chen et al ³⁸	+	-	+	-	-	-
Davoudi-Monfared et al ³⁶	+	-	+	+	+	-
Goldman et al ³⁹	?	-	+	+	-	-
Hung et al ³⁵	+	+	+	+	+	+
Lou et al ³⁷	?	-	-	-	-	-
The Recovery Group ²⁴	+	+	+	+	+	+
Wang et al ¹³	+	+	+	+	+	+

Low risk
 Some concerns
 High risk

Figure 2. Analysis of the risk of bias