

Table 2. Clinical characteristics and outcomes of COVID-19 patients at post-intervention.

Characteristics	Patients, No. (%)		P value ^a
	Intervention group (n = 24)	Control group (n = 20)	
Signs and symptoms			
Fever (temperature ≥ 37.3 °C)	1 (4.2)	0 (0)	0.356
Cough	1 (4.2)	5 (25)	0.045
Dyspnea	0 (0)	3 (15)	0.049
Myalgia	1 (4.2)	2 (10)	0.445
Fatigue	2 (8.3)	6 (30)	0.020
Chill	1 (4.2)	1 (5)	0.895
Headache	1 (4.2)	2 (10)	0.445
GI symptoms	1 (4.2)	0 (0)	0.356
Sputum production	0 (0)	1 (5)	0.268
Sore throat	0 (0)	2 (10)	0.113
Chest pain	0 (0)	0 (0)	1
Rhinorrhea	0 (0)	0 (0)	1
Laboratory findings			
NLR, median (IQR)	1.7 (1-2.5)	1.9 (1.2-2.8)	0.464
ESR, median (IQR), mm/h	8 (5-13)	9 (7-16)	0.146
Positive CRP ≥ 10 mg/L	1 (4.2)	5 (25)	0.045
Pulmonary involvement	1 (4.2)	5 (25)	0.045
Clinical outcome			
Hospital discharge	22 (91.7)	17 (85)	0.488
Time to discharge, mean \pm SD, day	4.65 \pm 3.37	8.15 \pm 5.97	0.021
Return to baseline health, mean \pm SD, day	15.09 \pm 8.69	29.60 \pm 21.12	0.004
Hospital stay	2 (8.3)	3 (15)	0.488
ICU admission	0 (0)	2 (10)	0.113
Death	0 (0)	0 (0)	1

COVID-19, coronavirus disease 2019; NLR, neutrophil-lymphocyte ratio; ESR, erythrocyte sedimentation rate; CRP, C-reactive protein; ICU, intensive care unit No., number; SD, standard deviations; IQR, interquartile range.

^aP values indicate differences between patients in the intervention group and the control group. $P < .05$ was considered statistically significant.